



**DRYING EFFECTS ON ULTRASONIC ASSISTED PHENOLIC YIELDS
AND RETENTIVENESS OF ANTIRADICAL PROPERTIES OF COMMON
CULINARY SPICES GINGER (*ZINGIBER OFFICINALE*) AND
TURMERIC (*CURCUMA LONGO*): HPTLC AND GC - MS PROFILE FOR
THEIR ACTIVE INGREDIENTS ASSESSMENT**

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Abstract

The effect of drying on antiradical activity of *Zingiber officinale* (ginger) and *Curcuma longa* (turmeric) were studied by total phenolic content (TPC), total reducing power (TRP), 2,2'-azino-bis(3-ethyl benz thiazoline-6-sulphonicacid) (ABTS), 2,2-Diphenyl-1-picrylhydrazyl (DPPH) and superoxide radical scavenging assays. Comparing fresh and dried rhizome, optimum antiradical activity was observed in dry ginger and in fresh turmeric. The drying phenomenon diminished the scavenging capacity especially in turmeric and also ginger rhizome was exhibited highest superoxide radical scavenging solely at fresh state. The extraction parameters were standardized for maximum recovery of phenolics. The Zingiberene of ginger and curcumin of turmeric rummaged the free radicals energetically.

Keywords: Ginger; Turmeric; Phenolics; Drying; Antiradical Activity.

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1. Introduction

The culinary spices are the rich sources of phenolic compounds [1] which exhibiting antiradical properties [2]. Ginger and turmeric spices are having an effect on the nature, colour and taste of foods and are practiced as a medicine for dermatologic diseases, infection, stress and depression [3] in India and China since old folk times [4] due to the presence of phenolics [5]. They grow from an aromatic tuber like underground stem. Ginger are recorded over 12 antiradical

constituents, which neutralising free radicals and reduce the inflammation these combined actions are more dominant than vitamin C [6]. Turmeric's orange - yellow coloured poly phenol curcuminoids which composed of Curcumin (C), Demethoxy curcumin (DMC) and Bisdemethoxy curcumin (BDMC) [7] also known recently for antiradical [8] anti - inflammatory, anti - cancer effects [9] and reported for neurological, autoimmune, cardiovascular disorders [10]. The sum of free radical activity of a given food based phenolics were stationed on the additory effects of enzymatic and chemical processes that arose in the course of drying, processing and storage [11,12]. Now a days, after the harvesting, leaves of ginger and turmeric are dried and wasted which can be better exploited for the extraction of antiradicals that are much desired in the wellness program plus food processing industries and also can be utilized effectively for replacing the synthetic antiradical compounds and preservatives. The present study aims the effect of drying on phenol extracts for making natural antiradical agents.

2. Materials and Methods

2.1. Plant Materials

The fresh rhizomes, leaves and fresh roots of ginger and turmeric were collected from the land of Kamatchipuram, Theni district, Tamilnadu, India during July 2017. A part of plant materials were washed, cut in to small pieces (2 - 10 g) and ground with a blender to make powder. A part of samples were dried overnight in a tray in Regional research laboratory Trivandrum natural Convection (RRL T – NC) dryer at 40°C. It was ground well to make powder.

2.2. Ultrasonic Assisted Extraction of Phenolics

50 mL of 70% ethanol, 70% methanol, 70% acetone and distilled water were added to the samples and were sonicated for 30 minutes (mins) thence centrifuged, filtered and concentrated in a rotary evaporator at below 50°C under reduced pressure at varying sonication frequencies (20, 40, 60, 80, 100 and 120 Hertz [Hz]) by keeping time constant and vice versa. The yield and the TPC were determined and read in Ultra violet (UV) visible spectrophotometer at 760 nm [13].

2.3. TPC

Appropriately diluted extracts and standard gallic acid were made up to 3.5 mL and treated with 0.5 mL 2N Folin - ciocalteu's reagent and set for 3 mins in room temperature [14]. The reaction mixture was then neutralised with the addition of 1 mL 20% Na₂CO₃ and kept at room temperature for 90 mins and the absorbance of the blue colour was absorbed at 760 nm which expressed as [15];

$$(\text{observed concentration} / \text{actual concentration}) \times 100 = \% \text{TPC}$$

2.4. TRP

The different concentrations of extracts and standard (10, 20, 40, 60, 80 and 100 µg/mL for ginger) (80, 160, 240, 320 and 400 µg/mL for turmeric) in 1 mL of distilled water were stirred with phosphate buffer (2.5 mL, 0.2M, pH 6.6) and potassium ferricyanide [K₃ Fe(CN)₆] (2.5 mL,

1% w/v) and incubated for 20 mins at 50°C. Then 2.5 mL of trichloro acetic acid (10% w/v) was added to the mixture, which was then centrifuged for at 1000 g for 10 mins. The upper layer of solution (2.5mL) was mixed with distilled water (2.5 mL) and FeCl₃ (0.5 mL, 0.1% w/v) and the absorbance was evaluated at 700 nm [16].

2.5. DPPH radical scavenging capacity

1 mL of 0.3 mM DPPH ethanol solution was added to 2.5 mL of sample solutions at different concentrations and permitted to act in room temperature. The absorbance was determined at 518 nm [17].

$$A_c - A_s / A_c \times 100 = \% \text{ RSA}$$

where A_c, absorbance of control; A_s, is the absorbance of sample; RSA, Radical scavenging activity. The % of RSA was plotted against the corresponding concentration of the extracts to obtain the half maximal inhibitory concentration

(IC₅₀) value which was defined as the amount of antiradical material required to scavenge 50% of free radical in the assay system. These values are inversely proportional to the antiradical activity [18].

2.6. ABTS Radical Scavenging Capacity

7mM stock solution of ABTS was mixed with 2.45 mM potassium per sulphate and allowed the mixture to stand in the dark for at least 6 hours in room temperature. The ABTS solution was diluted to the absorbance of 0.7 ± 0.05 at 736 nm. The absorbance was measured 7 mins after the initial mixing of different concentrations of the extracts [19]. The ABTS⁺ decolourizing capacity of the extracts were compared with the standard trolox. A standard curve was prepared by measuring the reduction in the absorbance of ABTS⁺ solution at different concentrations of trolox over a period of 7 mins [20]. The antiradical capacities were determined as follow;

$$A_c - A_s / A_c \times 100 = \% \text{ RSA}$$

2.7. Superoxide Radical Scavenging Activity

The Superoxide anion was generated in 3 mL of tris - HCl buffer (100 mM, pH 7.4) contained 0.75 mL of phenazine methosulphate (PMS) (120μM) was added to the sample mixture and then incubated for 5 mins in room temperature. Read at 560 nm [21] and calculated as follows [22];

$$(A_0 - A_1) / A_0 \times 100 = \% \text{ Inhibition}$$

where A₀, absorbance of the control; A₁, absorbance of the extract

2.8. Determination of Volatile Ginger Oil by Gas Chromatography - Mass Spectrometry (GC – MS) Analysis

100 g of ginger sample was heated with frequent agitation until evolution commenced and continued the distillation at the rate of 60 - 75 drops / mins. Distilled for not less than 4 hours and at the end of the period, discontinued the heating. Read off the volume of oil and continued

the distillation until two consecutive readings were marked at 1 hour interval showed no changes in the volume collected in the graduated portion and estimated using Clevenger trap apparatus.

$$a / b \times 100 = \text{Essential oil content [v/w].}$$

where, a = volume of oil, b = weight of the sample [23].

2.9. Gas Liquid Chromatography (GLC) Analysis of Spice Samples

The percentage of different quantities of each chemical constituent in ginger oil could be obtained from GLC [24]. Set the condition of GLC and injected the samples. The chromatogram showed as peaks in the recorder with definite retention time under specified conditions [25].

2.10. Determination of Active Constituents of Turmeric by High Performance Thin Layer Chromatography (HPTLC)

The processed turmeric powder (1 g) was ultrasonically extracted with aqueous methanol for 15 mins and filtered. The extract was concentrated under reduced pressure in 1 mL of methanol [26]. 4 μ L was carried off and known concentrations of standards were applied to the pre - silica gel HPTLC plate and they were pre - saturated with the mobile phase chloroform-methanol for 30 mins, the length of each run was 7 cm. Then the plates were dried in air. For quantification, the TLC spot corresponding to the samples and standards were quantified at 425 nm using a Camag TLC scanner model - 3 equipped with Camag win cats software and a tungsten source [27]. Curcuminoids in the samples were automatically interpolated from the calibration curve. The peak corresponding to the curcuminoids were checked via addition of standard and elucidated for identification [28].

3. Results and Discussion

The antiradical activity of various parts of ginger and turmeric were studied by different assay methods such as TPC, TRP, DPPH, ABTS, and superoxide radical scavenging activity. The solvent system, sonication frequency and contact time parameters were optimized and standardised to obtain maximum TPC.

3.1. Optimization of Solvent System

The topmost yields were discovered for fresh and dried rhizome of ginger with 70% methanol (2.4% & 3.7%) and for fresh leaves and root with 70% acetone (5% & 5.5%) (Table 1). It was noted that on drying the TPC content of ginger was reduced due to the reduction of phenolic hydroxyls [29] and underwent structural changes since their enzymes were lost. Prieto and co workers were observed that fresh ginger roots were contained ample range of phenolics [30] which could be large enough for several activities. Overall the high values were noted with acetone extract of dried turmeric rhizome (19.42%) (Table 2). The optimum extraction was obtained with methanol (fresh and dried ginger rhizome) and acetone (fresh ginger, turmeric leaves and ginger root) (Table 7). In the case of turmeric, optimal extraction was showed by ethanolic (fresh and dried rhizome) fraction (Table 8). Henceforward these solvents were chosen for further analyses.

3.2. Optimization of Extraction Time

When the extraction time was 40 mins, the supreme TPC were obtained about 9.6%, 22.7%, 6.5% and 5.84% for fresh, dry ginger rhizome, fresh leaves and roots correlatively (Table 3). But at 80 mins incubation, the samples were disclosed less TPC, thus the contact time of 40 mins was fixed for entire samples of ginger (Table 7). The TPC of fresh turmeric was observed as high about 4.5%, 3.8% with 80 mins for fresh and dried rhizome consequently (Table 4). Hence the divergent periods were standardised as 80 and 60 mins for maximal extraction of phenolics from turmeric (Table 8).

3.3. Optimization of Sonication Power

At 80 Hz, fresh and dried ginger rhizomes were revealed an upgrade yield (5.2 & 8.3%) and elevated TPC (4.17 & 9.47%). So the optimum sonication frequency was patterned as 80 Hz for dry and fresh ginger rhizomes (Table 5 and 7). In the batch of fresh turmeric rhizome, optimal TPC was observed at 120 Hz, but maximum yield of extracts with 80 Hz. Yet in the fresh turmeric leaves paramount yield and TPC were obtained at 60 Hz and 80 Hz correspondingly (Table 6). Hence the optimum sonication frequency for fresh and dried turmeric rhizomes were fixed at 60 and for fresh turmeric leaves at 80 Hz (Table 8). Thus, in terms of ultra sonication time could be augmented to minimize the shrinkage for the beneficial of commercial health care industries [31].

3.4. TPC

On the whole, fresh ginger rhizome (11.25% yield & 3.09% TPC), fresh turmeric rhizome (9.5% yield) and fresh turmeric leaves (6.91% TPC) were exhibited groovy results but least yield (6.25%) and poor TPC (2%) were obtained for ginger root and dried turmeric rhizome (4.5% yield and 4% TPC) (Table 9 and 10). Fresh leaves are possessed a lavish availability of poly phenolic compounds and they could be decreased during storage time which might be due to the oxidation, polymerization [32] and enzymatic degradation [33,34].

3.5. TRP

The highest and lowest reducing powers were observed for dry ginger and ginger roots properly. The dry and fresh gingers were showcased the same TRP at 20 µg/mL concentration. Fresh ginger and leaves were proclaimed the same reducing power at 120 µg/mL due to the vast availability of volatile oil compounds, zingerone, geranial and less shogaols [35]. As the concentration was increased, dry ginger extract was streaked an upward trend while fresh ginger extract slowed down a little. The ginger root and leaves were unveiled a steady increase with the absorbance. Gallic acid 4 µg/mL was reciprocal to 120 µg/mL of dried ginger rhizome, in both the concentrations; the absorbances were comparatively equals to 0.079. (Table S1 [supplementary material] and Graph 1). The maximum reducing power was observed in dry ginger [36]. Gallic acid is the synthetic chemical where as ginger is much better alternative. The absorbance of turmeric extract was increased arithmetically with the concentration. Fresh leaves extract were divulged highest reducing power and flashed much higher activity compared to other extract since they contained tannins, cellulose, lignins, chlorophyll, volatile compounds

and hemi cellulose [37]. In these assays, fresh and dry turmeric rhizomes were afforded more or less same activity. 100 µg/mL of fresh leaves were equivalent to 16 µg/mL of gallic acid (Table S2 and Graph 2). The greatest reductive potential was indicated by surpassing absorbance of the reaction mixture [38].

3.6. DPPH Assay

The maximum RSA was observed for dry ginger rhizome (80%) which was followed by fresh roots (78%) fresh rhizome (72%) and fresh leaves (49%) at a concentration of 100 µg/mL (Graph 3). Gingerols and mostly shogaols were the responsible compounds for DPPH radical scavenging, since leaves were lack of gingerols, higher IC₅₀ was obtained. Fresh and dry gingers were expressed dissimilitude activity. DPPH scavenging results of gallic acid and ginger were prompted that 60 µg/mL of dry ginger was equivalent to 2 µg/mL of gallic acid which were showed RSA of 62.33% (Table S3). Aruoma et al., [39] were stated that the fresh leaves activities were much less and more than 100 µg/mL of fresh leaves are needed to socialise 5 µg/mL of gallic acid. So wherever gallic acid is used as an active compound in food processing, that could be replaced by dry ginger as preservative and as an antiradical [40].

In the array of turmeric, fresh turmeric leaves were evidenced the maximum RSA of 80% even at 45 µg/mL and those were conserved and kept alive till 90 µg/mL owing to the preferable availability of tannins, enzymes and lignins which could be scavenged the radicals effectively. Whereas the RSA of fresh and dried turmeric rhizomes were hiked steady upward direction and attained the slightest 60% and 68.1% RSA indicatively (Graph 4). While those were compared with standard, all the chosen turmeric samples were projected much superior activity. Gallic acid was established only 62% RSA at 500 µg/mL (Table S4).

3.7. ABTS - RSA

The highest RSA (72.9%) was displayed by dry ginger which was tracked by fresh ginger (70.8%) at the concentration of 250 µg /mL. The lowest activity was expressed by fresh leaves (64.3%) (Graph. 5). When they were compared to gallic acid, 200 µg of dry ginger and 250 µg of fresh ginger were equivalent to 10 µg of gallic acid. Those were flaunted the same % of RSA against ABTS (Table S5). The dry ginger was contained more shogaols while compared to fresh ginger. It was well - defined that shogaols were the better scavenger for ABTS radicals and confirmed that the dry ginger was superior to other samples.

The maximum RSA was observed for fresh turmeric rhizome at a concentration of 270 µg/mL. The fresh turmeric leaves were resembled similar activity as fresh rhizome. The compounds namely curcuminoids, flavonoids, starch, terpenoids, glycosides and enzymes were vastly available in fresh rhizome of turmeric than dried state [13], therefore the ABTS radical scavenging activity was much higher in fresh turmeric rhizome and leaves. But the dry turmeric rhizome was disported less activity, (Graph 6) 90 µg/mL of dried rhizome, 60 µg/mL of fresh rhizome and 50 µg/mL of fresh turmeric extracts were equivalent to 10, 8 and 4 µg/mL of trolox successively (Table S6). Whence in the food processing companies, the synthetic chemical [41] trolox usage could be superseded by natural turmeric extracts in future. The effects of various

drying technologies (vacuum drying, freeze drying, hot air drying) were also influenced the antiradical capacity in great extent.[42,43,44]

3.8. Superoxide Radical Scavenging Activity

Fresh ginger rhizome, fresh leaves, dried ginger and fresh roots were paraded the RSA of 90.9%, 80%, 73.5%, and 52% at a concentration of 120 $\mu\text{g/mL}$. Even though fresh leaves were blazoned higher RSA from 20 $\mu\text{g/mL}$, the activity was not at all increased that much when the concentration was increased up to 120 $\mu\text{g/mL}$ (Graph 7) but 75.83 $\mu\text{g/mL}$ of leaves were sufficient to meet 50% RSA. When they were compared to standard Butylated hydroxyl toluene (BHT), all the samples except ginger root were brandished the higher activity (Table S7). So it can be deduced that the fresh ginger rhizome could be functioned as a good substitute for BHT. The activity differences for dry and fresh gingers were explained on the basis of zingerone availability which was plenteous in fresh ginger and also responsible for radical scavenging activity [45,46]. In the unprocessed state, ginger was contained abundant zingiberene, ar-curcumen, nerolidols, terpene glycosides, flavonoids and tannins [47] especially fresh ginger and fresh leaves were comprised of superoxide radical scavenging glycosidase and zingibain protease enzymes naturally, those are denatured and released terpenes and remnants by the process of drying [48].

More over 50% RSA was achieved by 90 $\mu\text{g/mL}$ of fresh turmeric leaves, 150 $\mu\text{g/mL}$ of fresh rhizome and 208.5 $\mu\text{g/mL}$ of dried rhizome (Graph 8) which were loomed an increased trend from fresh turmeric leaves to dry rhizome. Both the reference compounds namely BHT and gallic acid were analysed. While those results were compared, it might be considered to the mean that 100 $\mu\text{g/mL}$ of BHT and 50 $\mu\text{g/mL}$ of gallic acid were equivalent to 150 $\mu\text{g/mL}$ of fresh leaves and 210 $\mu\text{g/mL}$ of fresh rhizome (Table S8). Following the fresh leaves, highest activity was exhibited by fresh rhizome. If the above was verbalised in another way, the drying phenomenon disturbed the compounds responsible for scavenging henceforth the fresh leaves were proffered the maximum RSA against superoxide radical when compared to fresh and dry rhizomes. Several researchers were experimentally studied the effects of drying and concluded that increases in drying temperature diminished the nutraceutical properties for instance part of gingerols were transformed into shogaols [49-52]. So the differences in activities are explained intensely. Superoxide radical was scavenged mostly by the enzymes present in the fresh ginger and fresh turmeric leaves.

3.9. GC - MS Profile and GLC Pattern of Fresh Ginger Oil

26 chemical constituents were found in the GC - MS essential oil of ginger. The main compound was zingiberene (20%) which was followed by geraniol (7.3%), beta-bisabolene (5.5%), ar-curcumen (4%), nerol, betasquiphellandrene, trans beta-bisabolene (3.5%), limonene (2.3%) (primacy fragment among the monoterpenes), beta-farnesene and cis-Nerolidol (2%) (foremost in the class of oxygenated sesquiterpenes) (Table 11 and Figure 1). The beta-farnesene were identified better (2%) than methanolic leaves extract of *Elettaria cardamomum* (cardamom) (0.08%), the queen of spices for cooking which belongs to the same zingiberaceae family [53]. The results of Aziz et al., [54] were implied that 12, 11 and 10 chemical constituents were fractioned in the GC - MS essential oil of Japan, Bangladeshi and China ginger categorically. For

establishing the authenticity and credibility, the active ingredients quantification through GC-MS was vital [55], thus the availability of the volatile geranial and zingerone in fresh ginger rhizome were found to be responsible for the aromatic flavor [56].

3.10. HPTLC Profile of Curcuminoids

The curcuminoids (C, DMC and BDMC) of turmeric rhizome were screened out with regard to standard curcuminoids by HPTLC (Graph S1) which contained 3-6% curcuminoids, 4-8% volatile oil. The results from the crude turmeric and turmeric extracts were just homogeneous [57], and they were present in each sample retained the maximum concentration of C followed by DMC and BDMC (Graph 9 [X and Y axis were labeled as R_f and absorbance in nm correspondingly; C1, curcumin; C2, demethoxy curcumin; C3, bisdemethoxy curcumin]. and Figure 2). These outcome were coincided with the results of Ali et al., [58] who also stated that 2.1, 0.46 and 0.1% of C, DMC and BDMC could be extracted individually. A systematic extraction could be made by demolition of turmeric cell wall through the medium of α - amylase and amyloglucosidase enzymes to enhance the output up to 5.73% [59] and were simultaneously identified by fast and reliable HPTLC with high purity of 96% [60] or 85.58% [61]. During the drying process, curcuminoids underwent structural transformation, compound dehydration, double bond migration, and oxidative polymerization. Pursuing the breakage of glycosidic linkage, novel groups were introduced in the structure after a while the different radicals would be expected. These observations are harmonised with the results of Niamnuy et al., [62] who noticed that faster drying rate kindled tremendous cellular shrinkage.

Table 1: Optimization of solvent - Yield of extraction and TPC content of ginger rhizome

Solvents	Fresh rhizome		Dried rhizome		Fresh leaves		Fresh root	
	Yield (%)	TPC (%)	Yield (%)	TPC (%)	Yield (%)	TPC (%)	Yield (%)	TPC (%)
70% Ethanol	2.1	0.44	2.5	0.62	3.62	2.91	4.5	3.22
70% Methanol	2.4	0.60	3.7	0.96	4.75	3.83	3.5	2.97
70% Acetone	1.8	0.49	2.2	0.54	5.0	5.38	5.5	3.47
Distilled Water	1.5	0.33	1.4	0.32	3.25	2.11	2.0	1.5

Extractions were performed through Ultrasound assistance (Hz).

Table 2: Yield of extraction and TPC content of turmeric rhizome

Solvents	Fresh rhizome		Dried rhizome		Fresh leaves	
	Yield (%)	TPC (%)	Yield (%)	TPC (%)	Yield (%)	TPC (%)
70% Acetone	13.0	3.84	19.42	1.38	7.5	5.024
70% Methanol	8.0	3.9	17.20	2.10	6.0	2.56
70% Ethanol	7.0	6.0	18.12	3.28	6.0	2.67
Distilled Water	6.0	3.82	15.7	2.90	9.0	2.27

Maximum yield of fresh turmeric leaves were gotten with aqueous extracts (9%).

Table 3: Optimization of time - Variation of extraction period against the yield of extraction of ginger

Time (mins)	Fresh rhizome		Dried rhizome		Fresh leaves		Fresh root	
	Yield (%)	TPC (%)	Yield (%)	TPC (%)	Yield (%)	TPC (%)	Yield (%)	TPC (%)
20	4.2	5.4	14.2	21.3	4.1	3.2	5.5	4.1
40 [♦]	8.1	9.6	15.7	22.7	5.2	6.5	6.0	5.84
60	4.2	5.3	8.2	12.80	3.1	4.2	5.25	3.66
80	4.6	5.3	7.6	14.68	4.1	3.2	6.05	3.5
100	3.1	4.9	6.2	10.40	3.5	3.9	4.75	2.27
120	5.0	7.1	7.6	13.35	4.6	2.2	4.62	2.21

[♦]Yields were high at 40 mins.

Table 4: Optimization of time - Variation of extraction period against the yield of extraction of turmeric

Time (mins)	Fresh rhizome		Dried rhizome		Fresh leaves		Time (mins)		
	Yield (%)	TPC (%)	Yield (%)	TPC (%)	Yield (%)	TPC (%)		Yield (%)	TPC (%)
20	2.5	3.3	9.8	1.9	8.0	10.61	20	2.5	
40	3.25	2.87	10.9	2.04	9.25	7.17	40	3.25	
60	4.0	2.49	13.2	2.21	5.5	12.29 [♦]	60	4.0	
80	6.75	4.5	14.5	3.8	7.25	9.20	80	6.75	
100	1.25	3.8	15.5	3.0	9.25	6.59	100	1.25	
120	1.5	4.0	15.0	3.2	7.5	11.69	120	1.5	

[♦] In the fresh turmeric leaves, 12.29% TPC was obtained with 60 mins.

Table 5: Optimization of sonication frequency - Variation of sonication frequency against the yield of extraction of ginger

Sonication Frequency (Hz)	Fresh rhizome		Dried rhizome		Fresh leaves		Fresh root	
	Yield (%)	TPC (%)	Yield (%)	TPC (%)	Yield (%)	TPC (%)	Yield (%)	TPC (%)
20	4.1	3.8	4.1	5.25	2.5	1.96	4.25	7.34
40	3.9	3.75	3.2	4.1	3.7	2.16	4.25	4.17
60	3.2	2.9	6.1	7.32	5.1	4.21	6.5	5.86
80	5.2	4.17	8.3	9.37	4.2	3.51	6.2	5.68
100	3.5	2.57	7.1	8.31	6.4 [♦]	5.32 [♦]	4.5	9.4
120	4.2	3.45	6.2	8.05	4.2	3.67	7.25 [♦]	12.72 [♦]

[♦]Optimum frequency was 100 Hz (6.4% yield & 5.32% TPC) for fresh leaves and 120 Hz (7.25% yield & 12.72% TPC) for fresh root.

Table 6: Variation of sonication frequency against the yield of extraction of turmeric

Sonication Frequency (Hz)	Fresh rhizome		Dried rhizome		Fresh leaves	
	Yield (%)	TPC (%)	Yield (%)	TPC (%)	Yield (%)	TPC (%)
20	1.25	3.8	9.8	2.3	6.75	5.65
40	5.25	3.9	11.2	2.01	5.5	5.41
60	12.0	4.5	12.0	1.9	8.25	3.54
80	12.75	5.2	12.5	2.9	5.25	5.86
100	11.0	6.7	14.0	2.92	6.25	4.01
120	10.5	6.81	14.5 [♦]	2.98 [♦]	6.0	3.72

♦ 2.98% TPC 14.5% yield at 120 Hz for dried rhizome.

Table 7: Standardization of parameters for optimum phenolics yield from ginger

Samples	Solvents	Time (mins)	Sonication (Hz)	Frequency
Fresh rhizome	Methanol	40	80	
Dried rhizome	Methanol	40	80	
Fresh leaves	Acetone	40	100	
Fresh root	Acetone	40	120	

Table 8: Standardization of parameters for optimum phenolics yield from turmeric

Samples	Solvents	Time (mins)	Sonication Frequency (Hz)
Fresh rhizome	Ethanol	80	60
Dried rhizome	Ethanol	80	60
Fresh leaves	Acetone	80	80

Table 9: TPC of optimized samples of ginger

Samples	Yield (%)	TPC (%)
Fresh rhizome	11.25 [♦]	3.09 [♦]
Dried rhizome	6.5	2.52
Fresh leaves	10.0	2.17
Fresh root	6.25	2.0

Table 10: TPC of optimized samples of turmeric

Samples	Yield (%)	TPC (%)
Fresh rhizome	9.5 [♦]	4.8
Dried rhizome	4.5	4.0
Fresh leaves	2.85	6.91 [♦]

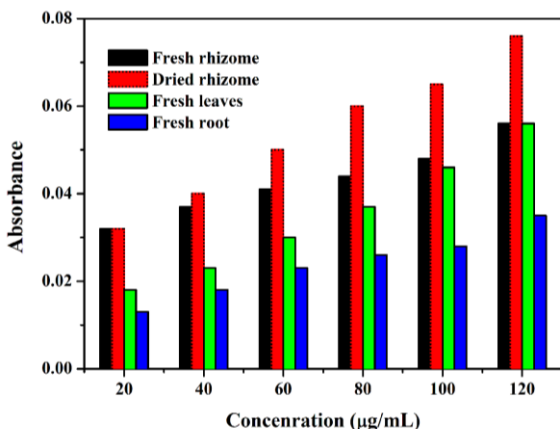
♦ Optimum values observed for fresh rhizome.

♦ Optimum values observed for fresh rhizome and leaves.

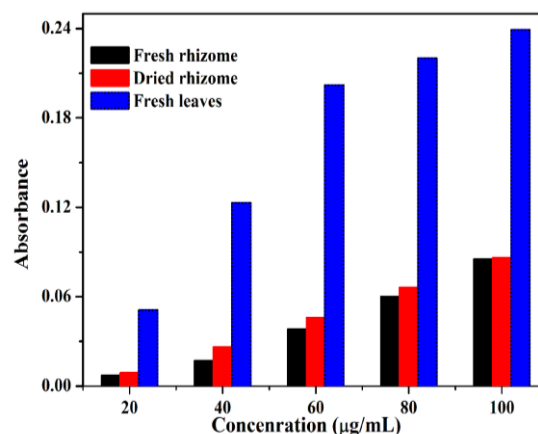
Table 11: GC - MS analysis of ginger oil

Compound	Content [#]
Alpha-pinene	0.96
Camphene	0.84
Beta-myrcene	0.06
Santo linatriene	0.01
Limonene	2.3
Sabinene	0.50
Beta-phellandrene	1.02
1, 8 cineole	0.87
Linalool	1.09
Borneol	0.9
Alpha-terpineol	1.2
Neral	3.5
Geranial	7.3
Copaene	1.7
Beta-clemene	1.5
Alpha-farnesene	1.2
Beta-farnesene	2.0
Beta-sesquiphellandrene	3.5
Ar-curcumene	4.0
Zingiberene	20.0
Beta-bisabolene	5.5
Trans beta-bisabolene	3.5
Cis-nerolidol	2.0
Alpha-eudesmol	0.36
Cedrenol	0.6
Cis farnesol	0.7

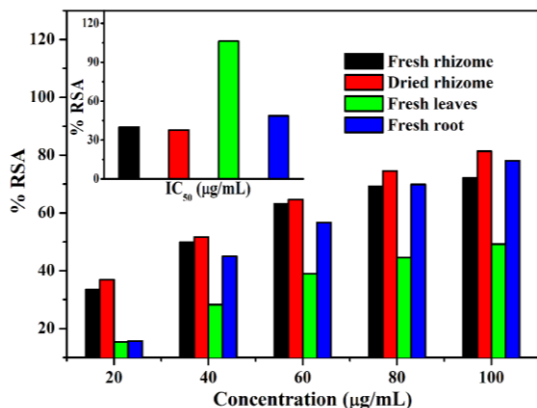
[#] denoted the composition % of ginger oil.



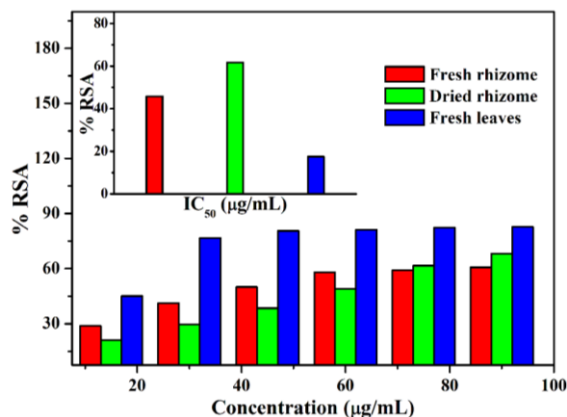
Graph 1: TRP assay of ginger



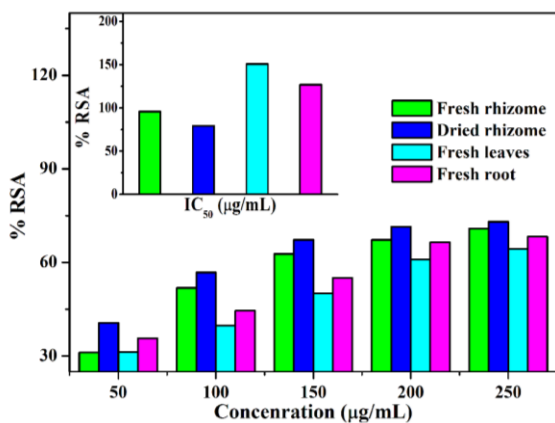
Graph 2: TRP assay of turmeric



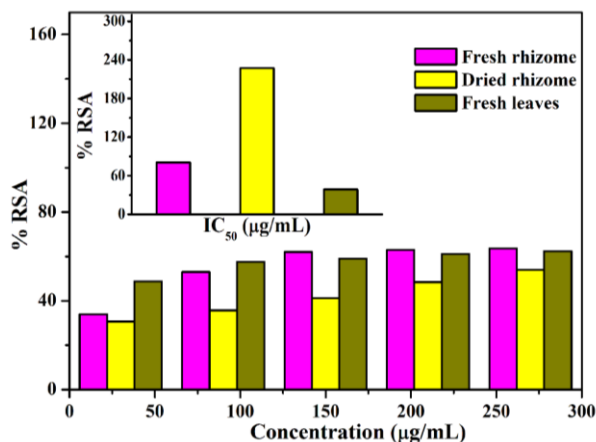
Graph 3: DPPH radical scavenging activity of ginger



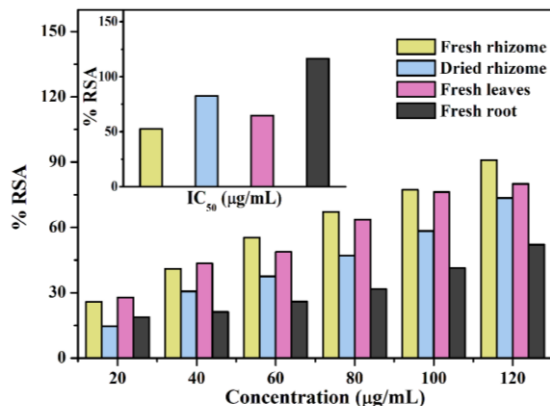
Graph 4: DPPH radical scavenging activity of turmeric



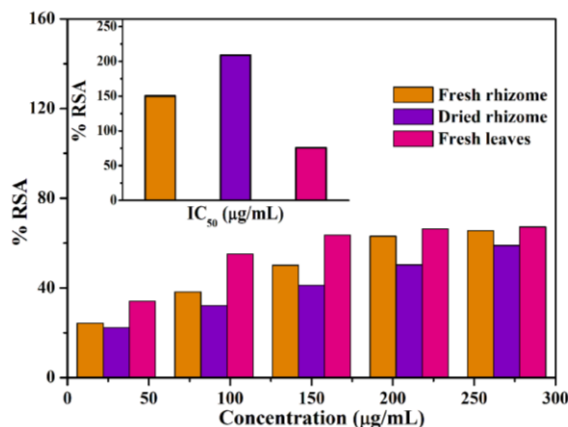
Graph 5: ABTS radical scavenging activity of ginger



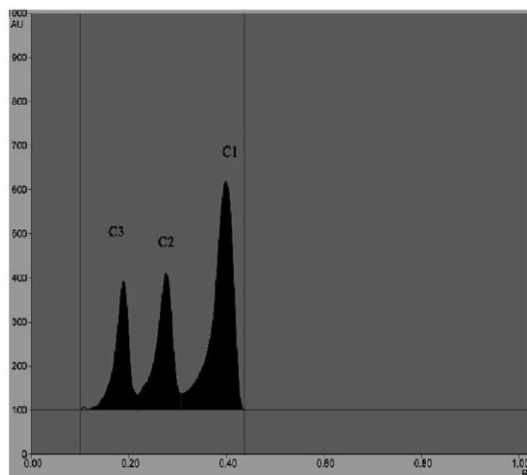
Graph 6: ABTS radical cation decolourization assay of turmeric



Graph 7: Superoxide radical scavenging activity of ginger



Graph 8: Superoxide radical scavenging activity of turmeric



Graph 9: HPTLC chromatogram of curcuminoids in turmeric sample

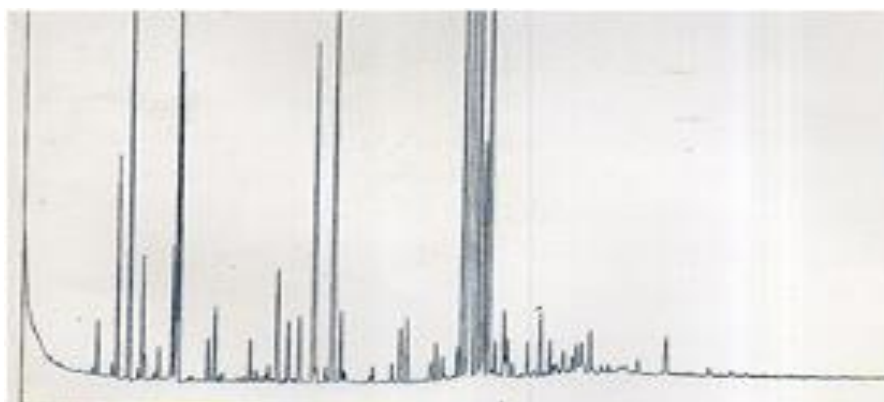


Figure 1: GC - MS analysis of volatile essential oil

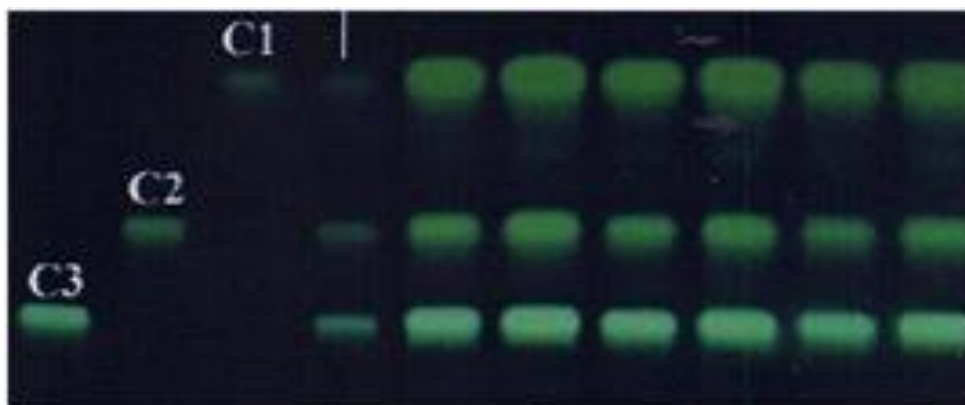


Figure 2: HPTLC chromatogram of turmeric sample

4. Conclusion

The effect of drying caused the terrific irreversible loss of antiradical property in turmeric which depended on the temperature and length of the processes. The highest percentages of antiradical activity and total phenolic content preservations were observed in fresh turmeric and dry ginger.

The drying operation did not influence any noticeable effect in ginger except superoxide radical scavenging property. Hereafter the post harvesting agricultural wastes will be managed in better way for extraction and elucidation of active ingredients zingiberene and curcumin and these can knock out many of the existing harmful antiradicals and synthetic preservatives from food industries.

Declaration of Interest

The authors report no declarations of interest.

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