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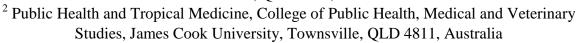
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A SYSTEMATIC REVIEW TO ASSESS THE EFFECTIVENESS OF WEB BASED TRAINING VIDEO FOR LAPAROSCOPY SURGERY

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Abstract

Background: Surgical training for generations has followed the example of an apprenticeship model propagated by William Halsted; teaching method of "see one, do one, teach one". ¹⁻³ Teaching of surgical trainee is time consuming and costly in the operating room when it involves a procedure, ^{4, 5} and the surgical skills acquired from operating room are of variable effectiveness because of the learning curve. ^{6, 7}

The objective of this review is to determine if web-based training video (WBTV) is effective to supplement and /or replace the standard surgical training model (SLT). However, the value of this modality for trainees with or no laparoscopic experience is unknown.

Study Hypothesis: Multimedia or Web-based training video (WBTV) learning is equivalent to conventional teaching (Standard surgical training-SLT) in improving scores in cognitive surgical skills.

Search Method: Randomized clinical trials addressing this issue were identified from The Cochrane Library trials register, Medline, Embase, Science Citation Index Expanded, grey literature and reference lists and other databases. The Cochrane Central Register of Controlled Trials: search was narrowed to Issue of 6 of 12, June 2014. Included studies were randomized controlled trials (RCTs) assessing any training technique using at least some elements of surgical simulation, which reported measures of surgical task performance. The Cochrane search yielded one relevant article. 8 In the MEDLINE search, the medical Subject Heading (MeSH) was used to search for; Surgical stimulation, surgical training, "Web-based training" and "online education or teaching, training, internet, multimedia teaching" (retrieved articles 78, relevant articles 50) and the headings "Laparoscopy" and "education" (retrieved 103, relevant 91) other provisional abstract (review 3). I focused the search on articles published from 1990 onwards, and I limited it to articles published in English. I did not include case reports and data from abstracts in data synthesis. All of the identified articles were examined for relevance. Retrieved studies were screened for duplication, and additional studies were identified using a manual search of the reference list of the relevant included articles. Since my review focused on Web-based training video effectiveness for teaching laparoscopic surgery techniques, my search strategies was limited to identifying articles focusing on surgical education.

Selection Criteria: I included all randomised clinical trials comparing Web-based model trainers versus other forms of training including standard laparoscopic training and supplementary animal model training use for teaching surgical trainees with or no laparoscopic experience. I also included trials comparing different methods of simulation surgical training.

Results: Thirty RCTs with 831 participants were included, although the quality of the RCTs was often poor. The Web-based training video (WBTV) had one RCTs, the RCT had four intervention groups, they were groups multimedia (WBTV) training, Practical Training (Standard training, Multimedia (WBTV) plus practical training and none of the trainings had different skills but all participants were homogeneous with the same basic skills on laparoscopic cholecystectomy. The result was that multimedia – based (WBTV) training improved surgical performance of Laparoscopic cholecystectomy in a pelvic –trainer significantly when used alone or as combination training. While Virtual reality simulation had shown better results than no training at all, but had no evidence of superiority over standard training practised. When it is done purposefully or video box simulation based on operative performance. Video simulation did not show consistently better results than groups with no training at all, and there were not enough data to determine if video simulation was better than standard training or the use of models. Model simulation may have been better than standard training. Two trials (mostly with a high risk of bias) involving 110 participants were included in this review. In trainees without surgical experience, WBTV training decreased the time taken to complete a task, increased accuracy and decreased errors compared with no training. In the same participants, WBTV training was more accurate than Standard practical training. In participants with laparoscopic experience practical training plus Web-based video training, WBTV training resulted in a greater reduction in operating time, error and unnecessary movements than standard laparoscopic training. In these participants, the composite performance score was better in the WBTV group than the practical group (standard).

Conclusion: WBTV can supplement standard surgical training. However the quality is poor, It is at least as effective as no standard training in supplementing standard laparoscopic training. While there may be compelling reasons to reduce reliance on patients, cadavers, and animals for surgical training, none of the methods of simulated training has yet been shown to be better than other forms of surgical training.

Keywords: Web Based Training Video; Laparoscopy Surgery; Surgical Training.

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1. Introduction

Traditionally surgery has always been taught through 2D anatomy in medical school which is gained in form of lectures, PowerPoint presentations and videos in class. But over 500 years ago it shift to 3D training involving using cadavers. Surgical trainees were educated through the years, the method "see one, do one, teach one", where the surgical trainee learns to perform surgery under the supervision of a trained surgeon. Surgical procedures are affected by learning curve problem because various operations have different learning curve.

Conventional surgery or open also is affected with Surgeon variants in experience because a surgeon with certain experience may lack the other and this lead to the desire to improve. The drive to achieve improved patient outcomes and patient safety has led to innovation in surgical education.

Because complete open surgeries are complex to copy or simulate, surgical procedures are complex motion sequences that require a high level of preparation, training, and concentration. Only with the acceptance of laparoscopic surgery into regular surgical practice, did innovators started creating multimedia-based (WBTV) in internet platform modelling the video image seen by surgeons doing laparoscopy and used as a surgical training technique.⁸

The various techniques of laparoscopic surgical training include live animal training, human and animal cadaver training, training using a box trainer (also called a video trainer, VT), Webbased training video (also called multimedia, E-learning, Computer-assisted learning or regarded as other resources using recorded laparoscopic surgery for learning, and also called Observational Learning on Surgical performance¹⁰) and virtual reality (VR) training (training using computer simulation). WBTV is currently being used widely for laparoscopic training ¹²⁻¹⁵ and has been shown to be better than standard training. WBTV training has been reported to improve learning outcomes in different surgical procedures ^{8,10,12,16,17}. It also offers an ethical way of assessing the competency of a surgeon in performing a procedure, after using WBTV without risk to a patient.

Web-based training videos for Laparoscopic Surgery are developed from live recorded laparoscopic procedures at operating theatres. The videos are customized and formatted with instructor support¹⁸ To improve surgical skills, different simulation training are used such as Virtual reality (VR) and practical training in lab training didactic lectures are used and most cases surgical trainees refer to their book for surgical manuals which is time consuming and updating difficulties of the print apply. It is easy updating videos on the internet compare to the long process of publication. Surgical simulation techniques available like VR is very expensive about cost (\$120000). VR has been validated to be of effective value compare to other techniques¹⁹⁻²³ and the training a resident and time taken to complete an instruction during a surgical procedure based on cost value is (\$12,000) per year.^{4,24} The internet plat form has created a better alternative to learning Laparoscopic skills because it cheaper, unlike Websurg charges user \$14.95 per video¹² and a WBTV is easily accessible, current, convenient can be access anytime from home and office 8,12,16,25 and effectiveness is assumed to be better than standard practical training.⁸ ²⁶However, the effect of Web-based training video on practical surgical skills has not yet been evaluated; there is paucity of data about its value. This study aimed to evaluate the effectiveness of Web-based training with laparoscopic or no laparoscopic experience to supplement or/replace standard surgical training. Though there was one selected article to be relevant from The Cochrane HepatoBiliary Group Controlled Trials Register, the Cochrane Central Register of Controlled Trials (CENTRAL). The Web-based training video technique has a gap of knowledge compare to the voluminous papers that have been published in support of the other methods of teaching Laparoscopic Surgery. 27-33

Schreduder et als¹³ stated in his article; that traditional classroom problem-based learning can be transferred to a virtual environment, like in Second Life, thus enabling a modern yet familiar

environment for problem-based learning (Conradi et al. 2009). Besides, Schreduder article is in line with the publication of Didier et als ¹² articles that assess the impact of Web-based application World Electronic Book of Surgery (WebSurg). His study which was based on the analysis from a Web-based laparoscopic learning site concluded that the (WebSurg) are widely used in the surgical community. The website based training enhances but the consideration of ethical principles of accreditation of scientific societies is important. The result from the study was obtained by using software to monitor of all that visited the WebSurg from the different surgical field and what they accessed from different languages 5 different languages, namely, English, French, Spanish, Japanese, and Chinese. WeBSurg is made up of files totaling 260 gigabytes of data (videos, pictures, Flash animations, scripts, text files, etc.). The Limelight Networks' CDN (content delivery network) is used to display and broadcast its contents all over the world it was seen that between 2004 and 2010, the number of visitors, members, active members, and video hits show an impressive development. In September 2010, WeBSurg gathered more than 202 000 members. Of these, 60% are fellows and young surgeons aged between 28 and 34 years. The age distribution demonstrates that the Web site responds to a wide range of surgical experience. Worldwide coverage is confirmed by an analysis of the geographic distribution of its members. From September 1, 2009 to September 1, 2010, WeBSurg recorded a total of 1396 784 visitors originating from 213 countries or territories. Of which Australia; No. of Visits 12 468, Pages/Visit, 4.7, Average Time on Site (min) 5.7, Percentage New Visits 51. Which infer Australia surgical trainee and surgeon have access and Queensland surgical trainees as it would be applicable to the purpose of this review. Because of my scope of study other countries visit rate was not included. During this period, Limelight transmitted 17670 gigabytes (17.25 terabytes) of video data. Limelight control report also enables to learn about the video connection length equalling a total of 3716 days (i.e. 10.2 years).

Online web-based learning portal for teaching laparoscopic surgery has become very popular and contains a large collection of streaming and downloadable HD quality videos of surgical procedures, combined with how-to step-by-step surgical teaching guidelines to aid the implementation of laparoscopic surgical procedures for various surgical disciplines. According to Schreduder et. als ¹³ there has been advancement to bring to validation the WBTV because recently the first interactive e-learning program for laparoscopy was introduced ¹³. This is called "SimpraxisTM Laparoscopic Cholecystectomy Trainer" a customizable interactive simulation software training platform for cognitive learning of surgical procedures. The technology integrates multimedia (such as video, 3D models, radiology, illustrations, text, and still images, all captured from live procedures) and combines them with expert cognitive training pedagogy to create a powerful simulation of the procedure. All these elements combined simulate the feeling of performing the actual physical procedure while only using a computer.

The web-based training video used for learning laparoscopic surgery is one of the various techniques for teaching laparoscopic surgery. However, no clear evidence of the superiority of one over the other in skill acquisition. But there are arguments that it has some educational value though more studies should be completed to evaluate it validity and added value compare to other surgical training techniques. From a systematic review, concluded that simulation-based training is more effective than video-based instruction³⁴

However, three major classes of surgical simulators are recognised.27 Reality-based simulators are ones in which the learner interacts with solid, real life materials and uses surgical instruments expected to be used in the operating room. E.g.:

Fundamentals of Laparoscopic (FLS) Box trainer (VT)^{35-37.30,38-40} (also Called Video trainer)

A program of the society of America Gastrointestinal and Endoscopic Surgeons (SAGES) and the American College of Surgeon (ACS). Image see below.



Figure 1: FLS Box Trainer by FLS⁴² and VTI Medical

Web-based Training Video (WBTV) 8,12,16,17,43,44

Web-based simulation allows learners to interact with online curricula, exercising the cognitive aspects of surgery (e.g., what are the steps of a gallbladder removal, what surgical instruments are needed). Internet platforms providing surgical content have been established. Used as a surgical training method, the effect of multimedia-based training on practical surgical skills has not yet been evaluated. This study aimed to evaluate the effect of multimedia-based training on surgical performance.⁸

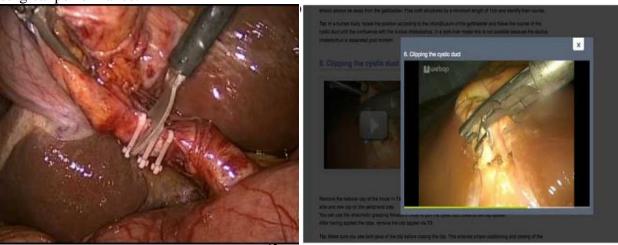


Figure 2: Screenshot of a WeBsurgery¹² high-definition video – Web-based training Video (WBTV) Model

Virtual Reality simulator (VR) 40,45-48

The most technologically sophisticated class of simulator is the VR simulator, which features a computer-generated model of anatomy and requires that learner use near similar instrumentation to interact with virtual tissue structures and models



Figure 3: CAE Laparoscopy VR surgical simulator

Laparoscopic surgery has influence surgical practice rapidly since its acceptance in the eighties and patients prefer Laparoscopic surgery to the traditional open surgery. Laparoscopic Surgical procedure is preferred because of the short stay in hospital, small incision and low incidence of complications. But the teaching of laparoscopic surgical skills is challenging, because of the complexities around the instruction and the different techniques of teaching skills. Thus laparoscopic surgery introduction had evolving barriers there is a need for good knowledge of anatomical structure which is crucial. Surgeons identify anatomical structure from screen because of this tactile feedback and spatial oriental is reduced. An additional challenge associated is gradual learning curve which had created the need for effective teaching mode.

2. Objective

The selection of trial studies and data extraction was only randomized clinical trials regardless of the language. And assessment was targeted for effectiveness of Web-based training video (WBTV) compared with or no training or standard laparoscopic training (SLT) (irrespective of generic skills or procedure-specific skills) were included in the review.

2.1. Method and Literature Search Strategy

All randomized controlled trials (RCTs) and nonrandomized comparative studies (non-RCTs) reporting on the use of different techniques for learning Laparoscopic Surgery and the transfer of these skills to the operative setting were included for review. The literature search was performed in MEDLINE, EMBASE, CINAHL, PubMed, the Cochrane Library and Current Contents databases that was update until June 2014 and science citation index expended.⁴⁹ The Cochrane Library 2014, Issue 3 37 was check to see changes, I searched the Clinical Trials

Database (US), the NHS Centre for Research and Dissemination Databases (UK), the National Research Register (UK), the Meta Register of Controlled Trials (SRCTN) and the Australian New Zealand Clinical Trials Registry, last data file imported on 14 July 2014 and using the Cochrane strategies.⁴⁹ And the clinical trial information via the World Health Organization (WHO) search portal (ICTRP search portal) Searches were conducted without language restrictions. The search terms used were (surg* and simulat*) and (skill* or train*). Scanning of Literature was then undertaken to locate articles that may have been missed by the electronic database searches. MeSH terms were used and searched for (Therapy, Computer-Assisted OR Surgery, Computer-Assisted OR Computer-Assisted Instruction), free-text terms (Web-based* internet* Multimedia, online* OR simulat*) combined with the terms 'train' and 'laparoscopy' (MeSH term and equivalent free-text search terms). A filter for identifying the randomized controlled trials recommended by The Cochrane Collaboration⁵⁰ was used to filter out nonrandomized studies in Medline and Embase. In addition to the databases, SCOPUS, education indexes (ERIC Education Resources Information Center, Australian Education Index (replace by Informit), and British Education Index (Replace EBSCO Information services), computer databases (ACM Digital Library, collection of Computer Science Bibliographies, IEEE/IEE Electronic Library), Meta-register of Controlled Trials and Google Scholar were searched. Grey literature, abstracts and conference proceedings were identified by searching the ISI proceedings, Zetoc General Search (this needed a password to access), 'index to thesis', GrayLIT Network (replaced by Science.gov), abstracts from AMED(Allied and Complementary Medicine Database), biological abstracts, biotechnology abstracts, British Nursing Index, dissertation abstracts (American institutions) and SIGLE (grey literature in EC member countries and held at The British Library). References of the identified trials were also searched to identify further relevant trials. I identified the trials for inclusion and extracted the data related to first author, year of publication, inclusion and exclusion criteria, participant characteristics, details of training such as software used, tasks in training, duration of training, outcomes of interest, methodological quality of the studies (without masking the study names), whether intention-totreat analysis was followed and whether sample size calculations were reported.

This systematic review was limited to the literature relating to surgical education. The comprehensive Australian Safety and Efficacy Register of New Interventional Procedures-Surgical reports 613 and 80, 4 which include additional procedures investigated, which could be found online at http://www.surgeons.org/asernip-s/. And a details review report on surgical simulation was studied and analysed for update issues on laparoscopic surgical education and surgical training in Australia.

3. Data Extraction and Analysis

Data from all included studies were extracted by me and checked for standardized data extraction tables developed a priori. Each included study was critically appraised for its study quality and assigned a level of evidence according to the hierarchy of evidence developed by the National Health and Medical Research Council of Australia. Study quality was assessed according to the methods given in of the Cochrane Reviewers' Handbook on a number of parameters, including quality of the reporting of study methodology, methods of randomization and allocation concealment (for RCTs), blinding of trainers and outcomes assessors, and sample sizes. It was judged that no data were suitable for statistical pooling due to the heterogeneity of the results.

Outcomes

Data for the following outcomes were extracted: patient or animal mortality or morbidity (reported separately in trials where both patients and animals were used for assessing outcome measures); time taken to perform the evaluation task on the simulation model (after training); operating time (if the evaluation task was performed on humans or animals) (after training); error score: the number of undesirable movements, for example, injury to gallbladder or burning non-target tissue; accuracy; improvement in task performance (objective or subjective); and participant satisfaction. Definitions or scales used by the authors were accepted for the various outcomes.

3.1. Assessment of Methodological Quality

Inclusion Criteria

Only studies pertaining to Laparoscopic surgical education methods are included in this review. Included studies had to report on effectiveness of training techniques and the impact should have a benefit measure of task performance in the operative setting including global rating score, pass/fail score, time to complete task/procedure.

Hierarchy of Evidence Checklist⁵²

rarchy c	I EVI	dence Checklist
Level		Study Type
1	A	Systematic review (with homogeneity) of randomised controlled trials
	В	Individual randomised controlled trail with narrow confidence interval
	C	All or None
2	A	Systematic review (with homogeneity) of cohort studies
	В	Individual cohort study (including low quality randomised controlled
		trials)
	C	"Outcomes" research; Ecological studies
3	A	Systematic review (with homogeneity) of case-control studies
	В	Individual case- control study
4		Case series (and poor quality cohort and case-control studies)
5		Expert opinion without explicit critical appraisal

Article Selection rating

	1	2	3	4	5	6	7	8	9	
Quantitative										
Non-clinical, Non-laparoscopic surgery				3						
Clinical Non-laparoscopic surgery			5							
Non-clinical Laparoscopic Surgery	1									
Qualitative										
Clinical Non-Laparoscopic Surgery			1							
Non-clinical Laparoscopic Surgery	4									

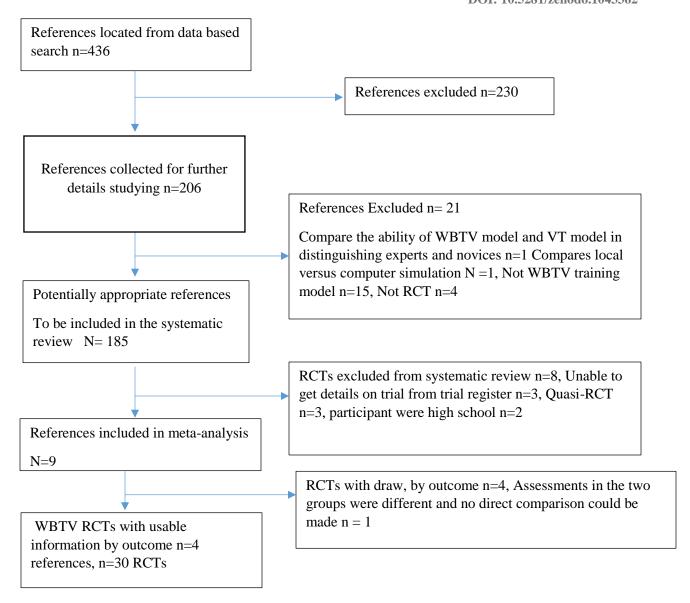
The order of exclusion criteria for article selection

- 1) Unable to obtain full text
- 2) Articles published before 1990.

- 3) Subjects unrelated to a medical profession
- 4) Articles which examined same-year peer review and assisted learning
- 5) Non-experimental design

Selected literature reviewed for WBTV outcome - Hierarchy of Evidence

Authors	Participants	Evidence	Interventio	Outcome	Results
		Level	n	Measure	
Pape-koehler et als (2013) ⁸ Germany	Subjects; general surgeons and surgery resident and medical students	RCT 1a	Surgical performance multimedia	Task specific and cognitive skill	Δ OSATS results were highest in the Multimedia-based training group (4.7 ± 3.3 ;p\0.001).
Adams et als (2002) ¹⁶ USA	General surgeons, surgery residents medical Student	RCT 1b	Multimedia	Cognitive skills	Experimental Group was found to have statistically improved more than the Control Group (p = .023)
Snyder et als (2010) ¹⁰ USA	Medical students	RCT 1a	multimedia	Improve performance compare to standard	independent versus preceptor training [Hazard Ratio (HR) 1.28; 95% Confidence Interval (CI) 0.96– 1.72; p = 0.09].
Carla et als (2009) USA	Surgical professionals	4a	Tech. advance, political, internet	Surgical education	Challenges and reward
Tolerton et als (2012 Australia	WBTV Creator and viewer	RCT 2b	Audio- visuals learning	Surgical training	Teaching tool for laparoscopic cholecystectomy
Didier et als (2011) France	Surgeons , trainees & others	3c	Multimedia, WebSurg	Surgical performance awareness	High percentage of WBTV users Reduce cost
Fraser et als (2011) UK	Otolaryngologist	4d	E-learning	awareness	Variable website, receptive to free, otolaryngology e- learning
Umar et als Study completed Clinicaltrials.g ov. Ncto1866436 (2012) UK	PG general surgical trainees, specialist year3 registrar year or above	1a	Multimedia group Study day group	Cognitive surgical skill acquisition	effective



Summary of Findings for the main Comparison

Summary of Relevant Literature Retrieved

Web-based training Video versus Other Training Techniques		
Study	Intervention	No of participants
Pape-koehler et als (2013) ⁸	Web-based Video(WBTV) training Versus Standard training and no training	70
Adams et als (2002) ¹⁶ Snyder et als (2010) ¹⁰	Web-based video (WBTV) training versus no training	40
	Computer(MIST-VR) simulator training Versus WBTV versus No training	32

Virtual reality stimulation Versus other training Techniques Study	Intervention	Participant
Ahlberg et al (2002) ⁵³ Ali et al (2002) ⁵⁴	Computer (MIST-VR) simulator training versus no training	No 29
Eversbusch and Grantcharov (2004) ⁵⁵	Computer (MIST-VR) (medium level) versus computer (MIST-VR) simulator training (easy level	27
Gallagher et al (2002) ²¹ Grantcharov et al	Computer (GI Mentor II) versus no psychomotor	20
$(2004)^{56}$	training Computer (MIST-VR) simulator training versus no	16
Hamilton et al (2002) ³⁵ Hyltander et al (2008) ⁴⁵	training Computer (MIST-VR) simulator training versus no	16
Jordan et al (2000)	training Computer (MIST-VR) simulator training versus video box simulator training	49
Jordan et al (2001)	Computer (LapSim) simulator training versus no training	24
	Computer (MIST-VR) simulator training versus video box simulator training (randomly alternating image) versus video box simulator training (normal	24
Kothari et al (2002) Lehmann et al (2005)	image)	
Mackay et al (2002)	Computer (MIST-VR) simulator training versus Z-shaped or U-shaped maze video box simulator training versus no training	32
Munz et al (2004)	Computer (MIST-VR) simulator training versus video box simulator training	32
	Computer (VEST) simulator training versus video box simulator training	32
Pearson et al (2002)	Massed practice computer (MIST-VR) simulator training versus 2 types of distributed	41
Seymour et al (2002)	Computer (LapSim) simulator training versus video box simulator training versus no	24
Torkington et al (2001)	Computer (MIST-VR) simulator training versus video box simulator training versus self-practice versus didactic instruction versus standard	43
Watterson et al (2002)	Computer (MIST-VR) simulator training versus standard training	16
Wilhelm et al (2002) Youngblood et al (2005)	Computer (MIST-VR) simulator training versus standard training versus no training	30
1 Juligo1000 et al (2003)	Computer (URO Mentor) simulator training versus	20

	standard training	
	Computer (URO Mentor) simulator training versus	21
	standard training	
	Computer (LapSim) simulator training versus video	46
	box simulator training versus no training	.0
	ook simulator training versus no training	
FLS Video box Trainer		
Versus Techniques		
Fried et al (1999)	Video box simulator training versus no training	12
Harold et al (2002)	Video box simulator training plus additional	17
	instruction versus video box simulator	
Jordan et al (2000)	Video box simulator training: randomly alternating	32
	image versus y-axis inverted image versus normal	
	image; versus simplified simulation (direct vision	
	box training)	
Keyser et al (2002)	Video box training versus simplified simulation	22
, ,	(indirect vision mirrored box training	
Matsumoto et al (2002)	·	40
,		
Risucci et al (2001)	<u>c</u>	
,	U 1	
Scott et al (2000)		14
, ,	-	
` ,		
Matsumoto et al (2002) Risucci et al (2001) Scott et al (2000) Taffinder et al (1998) Traxer et al (2001)	Video box simulator training versus model training versus standard training Video box simulator training plus additional instruction versus video box simulator Video box simulator training versus no training Video box simulator training versus no training Video box simulator training versus no training	14 22 20

4. Results

Description of Studies

A total of 436 references were identified through electronic searches of the Cochrane HepatoBiliary Group Controlled Trials Register and the Cochrane Central Register of Controlled Trials in The Cochrane Library (n = 78), Medline (n = 96), Embase (n = 72), Science Citation Index Expanded (n = 89) and other databases (n = 101). Fifty two duplicates and thirty clearly irrelevant references identified through reading abstracts were excluded. The remaining nineteenth references were retrieved for further assessment. No references were identified through scanning reference lists of the identified randomized trials. It was not possible to identify details concerning one trial identified from the trial register {Pape-Koehler, 2013 #419}. No information was available from the authors of this trial, so it was excluded from the review. Twenty-six other references were excluded as they did not meet the inclusion criteria. In total, 8 trials were included. Two trials compare WBTV to no training, and standard training, one training compare it with VR and standard training with no training and with training. Seven trials compared VR and VT training, nine trials compared VR and no training or SLT; eight trials compared VR training, VT training and no training; and two trials compared different methods of VR training. Four trials compared VR training in surgical trainees with limited experience in laparoscopic surgery. Four trial compare VT to no training, five trials compare VT to standard training. Five did studies in WBTV did not state the experience of the participants. The other

trials included medical students or surgical residents without any experience in laparoscopic surgery. Three trials that had adequate methodological quality in all four components were considered to have a low risk of bias. Details regarding the tasks in training and endpoint of training are recorded and classified as safety /efficacy study.

Included Studies (8 Studies) WBTV

Three RCTs and five non-RCTs investigating effectiveness of WBTV after watching Online surgical procedure for training laparoscopic cholecystectomy and endoscopy and were included in this review. Two studies investigated laparoscopic cholecystectomy procedures, and one studies investigated endoscopic procedures. Participants included general surgery and resident trainees.

Study	Evidence level	Training Method	Procedure	Assessment	Results
Web-based traini	ng video for l	aparoscopic surgery			
Pape-koehler et al (2013),15 Germany	RCT 1 1a	Multimedia-based(internet platform) A 2-2 factorial RCT with four IG. a pre- and post-test design was used to test the effect of multimedia-based training from February 2009 until August 2009. Video recorded, encoded, on DVDs. (OSATS). The main evaluation criterion was the difference in OSATS score between the pre- and post-test (D OSATS) results in terms of a task-specific checklist (Procedural steps scored as correct or incorrect).	laparoscopic cholecystectom y in a Pelvi- Trainer	Video (blinded rater of participants). OSATS Task-specific 1. Exposure errors. 2. Clipping and tissue Division errors. 3. Dissection errors. 4. Operating time. 5. Placement of trocars Δ OSATS Global rating scale 1. Respect for tissue 2. Time and motion 3. Handling of instruments 4. Flow of motion 5. Knowledge of procedure	IG the Δ OSATS results were highest in the Multimedia-based training group (4.7 \pm 3.3;p\0.001). The practical training group achieved 2.5 \pm 4.3(p= 0.028), whereas the combination training group achieved 4.6 \pm 3.5 (p\0.001), and the control group Achieved 0.8 \pm 2.9 (p=0.294).
Adams et .als (2002),33 USA	RCT 1 1b	IG1:Video-based training; subject watch video intro 15-min sessions Then take 20 questions objective non video-based = 30 sec or a subjective video based question=45sec, total time 27 minute, participant can replay if desire but with no added time; pre- and post-test using software place in Microsoft excel	Laparoscopic cholecystectom y, expose to three cases and post training in fourth month)	Video (independently, by 6 general surgeon and resident Observers blinded to training status of participant). 1. Cognitive skills	IG1 Using a one-tailed t-test, this within-subjects difference in scores from pre-test to post-test is significant for the Experimental Group (p < 0.05), but not the Control Group (p = .27). The improvement value from pre-test To post-test for each group was also compared. Using a one-tailed t-test, the Experimental Group was found to have statistically improved more than the Control Group (p = .023)

Snyder et. als	RCT 11	Medical students were	tasks in a live	surgical performance	Cox regression modelling with
$(2010)^{10}$	2c	randomized to proficiency-	por-	Virtual reality (VR)	adjustment for relevant
USA		based training on VR	Cine model.	surgical simulation and	covariates demonstrated no
		laparoscopy and endoscopy	Prior to their	Web-based multimedia	significant
		simulators by two different	entry into the	instruction are useful	difference in the likelihood of
		methods proctored training	animal lab, all	Supplemental.	successful task completion for
		(automated simulator	trainees		independent versus proctored
		feedback plus human expert	watched an		training [Hazard Ratio (HR)
		feedback) or independent	instructional		1.28; 95% Confidence Interval
		training (simulator feedback	video of the		(CI) $0.96-1.72$; $p = 0.09$].
		alone)	procedure		Trainees who observed the
					actual procedure were more
					likely
					to be successful than those who
					watched the instructional
					Video alone (HR 1.47; 95%CI
					1.09-1.98; p = 0.01).
Umar et als	RCT 1a	PG surgeon were	30 minutes	Competency in surgical	Mean change of 24.4 (SD 4.9)
Study		randomized to proficiency-	online	skills combination of	in the intervention group is
completed		based training on multimedia	procedural	technical and	assumed
Clinicaltrials.g		Laparoscopy colorectal	steps in open	nontechnical skills	
ov.		surgery	and	cognitive comprise	
Ncto1866436			laparoscopic	factual knowledge and	
(2012)			anterior	decision making	
UK			resection		
			surgery		

Study	LOE	participant	Training Method	Procedure	Assessment	Result
Comparison si	mulation tr	raining versus no sin	nulation training			
Ahlberg et al (2007),15 Sweden	RCT II	IG = 7, CG = 6, surgical residents PGY 1–2	LapSim (without force feedback) version 2.0 VR simulator: as many 1-h supervised training sessions during 1 wk. (maximum 8 per day) as required to reach proficiency levels on each of the 6 examination tasks at Least twice.	Laparoscopic cholecystecto my (assessed first, fifth, and tenth)	Video (2 observers blinded to training status of participants). 1. Exposure errors. 2. Clipping and tissue Division errors. 3. Dissection errors. 4. Operating time.	IG fewer intraoperative errors for entire procedure and separate portions vs CG ($P = 0.037$). Exposure errors reduced from 53 to 15 ($P = 0.0402$), clipping and Tissue division from 7.1 to 1.9 ($P < 0.008$), and dissection from 29.5 to 11.5 ($P < 0.03$). Operating time reduced by 58% in IG ($P = 0.0586$ NS).
Beyer et al (2011),33 France	Non- RCT III-3	IG1 = 6, IG2 = 6, CG = 7, general surgery or gynaecology residents.	IG1: FLS Training Box simulator; proficiency-based training through MISTELS program, 5 tasks with 5 individual 60-min sessions during a period of 1 mo.; IG2: LAP Mentor VR simulator; Organized in pairs undergoing five 120-min	Dissection of the vesicular bed (assessed retraining, first month, and post Training in fourth month).	Video (independently, by 2 Observers blinded to training status of participant). 1. Depth perception. 2. Bimanual dexterity. 3. Efficiency. 4. Tissue	Improvement in GOALS scores IG1 (mean 9.3 vs 12.4; P = 0.04) and IG2 (mean 9.2 vs 13.2 P = 0.03) but not in CG in the second evaluation (12.2 vs 11.7; P = 0.35). Progression score higher in IG1 (P =

			sessions during a period of 1 mo. and participants attempting all 9 basic exercises, the extracorporeal knot suture exercise, and cholecystectomy.		handling. 5. Autonomy.	0.03) and IG2 (P = 0.007) vs CG. There was no significant difference between IG1 And IG2 (P = 0.28).
Cosman et al (2007),16 Australia	RCT 11	IG = 5, CG = 5, volunteer basic Surgical trainees.	LapSim (without haptic feedback). Basic Skills package version 1.5 VR Simulator; access for maximum of 1 h/d as required to satisfy the performance criteria on 2 successive repetitions of the clipping task.	Clips application and division of cystic artery (assessed first)	Video (independently by 5 laparoscopic surgeons Blinded to training status). 1. Composite error. score, 6 items 2. Global rating score. 3. Operating time.	IG fewer intraoperative errors for the entire procedure than CG (median 10 vs 18; P = 0.05). IG better bimanual coordination (mean 3.0 vs 1.8; P = 0.05) and higher global score (median 3.2 vs 1.8;
Grantcharov et al (2004),17 Denmark	RCT II	IG = 8, CG = 8, general surgical Residents.	MIST-VR simulator; fixed number, 10 repetitions of 6 abstract tasks of progressive complexity that are designed to simulate the techniques used during laparoscopic Cholecystectomy.	Clips application and division of cystic and gallbladder (assessed second).	Video (independently by 2 surgeons blinded to Training status). 1. Operating time. 2. Errors (2 items). 3. Economy of movements (2 items).	Operating time reduced in IG compared with the CG P = 0.04) than CG. Procedure time reduced from 172 to 94 s (46%) in IG (P = 0.075). (P = 0.021). IG greater Improvement in intraoperative errors (P = 0.003) and economy of movement (P = 0.003) scores than CG
Hogle et al (2009),18 United States (only Study 1)	RCT II	IG = 6, CG = 6, surgical residents PGY 1	LapSim VR simulator; 2 simulation training sessions per week until level 3 passed for each task: camera navigation, instrument navigation, coordination, grasping, lifting and grasping, cutting, and clip Applying.	Laparoscopic Cholecystecto my (assessed 2 Consecutive).	Video; combined GOALS scores from supervising surgeon and reviewers blinded to training status of Participants.	No significant difference between IG and CG in the 5 GOALS domains: depth perception (mean 3.6 vs 3.35; P = 0.99), bimanual dexterity (mean 3.17 vs 2.90; P = 0.55), efficiency (mean 2.89 vs 2.82; P = 0.93), tissue handling (mean 2.96 vs 3.10; P = 0.56), autonomy (mean 3.23 vs 3.11; P = 0.85).

Scott et al	RCT II	IG = 13, CG =	SCMIS GEM video-	Laparoscopic	Direct	Improved scores for
(2000),19		9,	trainer;	Cholecystecto	observation by	IG compared
United State		general surgical	during weeks 2 and 3,	my (assessed	3	with CG in 4 of 8
		Residents PGY	residents met for at least	pertaining and	Surgeons	performance criteria:
		1 or 2- on 1-mo	30	post training	blinded to	respect for tissue(P =
		rotation.	min a day for 10 d to	performed	training status;	0.035), instrument
			perform	with same	8 criteria	handling
			the 5 established	assistant	assessed.	(P = 0.005), use of
			laparoscopic drills on a	surgeon).		assistants ($P = 0.035$),
			video			overall performance (P
			trainer: bean drop, running			=0.007). No
			string, checkerboard,			significant difference
			block			Between IG and CG
			Move, and suture foam.			for time and motion,
						knowledge of
						instruments, flow of
						operation, and
						knowledge of specific
						procedure.
						Performance
						improvement defined
						as baseline minus post
						training score,
						adjusted
						For differences in
						baseline scores.

5. Discussion

Outcomes

A total of 30 trials involving 766 participants were included in this review. As mentioned in the protocol, the results were reported separately for trainees with no laparoscopic experience and those with laparoscopic experience (such as performing laparoscopic procedures under supervision). The results are summarized in the table above. 3 trial mentioned patient-related outcome (cognitive skills which are factual). None of the remaining trials that used animals or humans to assess the outcomes reported animal or patient morbidity or mortality.

Description of Studies

Web-based Training for Laparoscopic Surgery- WBTV training plus standard practical training. To gain a more complete understanding of all of the significant predictors that contribute to score improvement, and to once again verify the significance of video repetition, by using stepwise linear regression analysis . This analysis showed that educational level, previous LC experience, and training program version are the only significant predictors of improvement. OSATS Task-specific was use to assess, exposure errors. Clipping and tissue division errors, dissection errors. Operating time. Placement of trocars, Δ OSATS Global rating scale. Respect for tissue, time and motion, handling of instruments, flow of motion, thus Knowledge of procedure Improvement increases with decreasing educational level, increasing LC experience, and the experimental version T-tests and a linear regression model reveal the significance of program aspects, especially the video repetition feature. Conclusions based on the data set are valid due to the equivalency of the test banks and subject samples. Although this is a pilot version of the program, testing has revealed the significance of the training methods used. This significance justifies further evaluation of the pilot program as well as development of enhanced iterations.

Laparoscopic Experience with Practice Training (SLT)

WBTV versus standard training Time taken to perform the job or speed with which the job was completed The meta-analysis showed that there was no statistically ,significant difference in the time taken to complete the task (SMD -0.06, 95 per cent c.-0.40 to 0.52), reduction in the time taken to complete the task after compared with before training (SMD -0.61, 95 per cent c.i. -1.51 to 0.29), speed in performing the tasks between WBTV and SLT (SMD -0.33, 95 per cent c.i. -0.95 to 0.28), or in the change in speed in either hand in performing the task. Hence WBTV is more effective compare to practical training alone without watching a multimedia laparoscopic video that help to develop cognitive skills.

Error Score

There was no difference in error scores between the two groups. The error score was assessed by dropping the object, perforation of the object, or by composite error score from the computer.

WBTV training for laparoscopic Surgery plus SLT with a pelvic -trainer model

The laparoscopic cholecystectomy computer-based training program developed here has the potential to change medical education dramatically. Combined with the technical skill trainers already widely available, this program can teach the anatomical structure recognition skills that can only be gained through experience of watching actual surgeries.

WBTV versus VR Simulation

Surgical training programs may not need to devote time and effort to provide expert feedback during proficiency-based VR simulator training, as long as the proficiency criteria are available and clear. Surgical trainees should recognize that while instructional videos and VR training are useful resources, they do not appear to be adequate substitutes for observation of complex procedures. Observing surgical procedures, in the context of deliberate practice and directed hands-on training, remains a valuable learning experience, even when the operator is a relatively unskilled trainee. Further studies of this topic should be performed in junior surgical residents to validate these conclusions.

Computer simulation showed mixed results, superior in some studies, but not others and was inferior to video simulation in one study. This may have depended on types of tasks, with computer simulation producing better results for tasks such as incisions, but not for knot tying times. However, there were too few studies to determine this.

WBTV versus No Training

WBTV groups did not show consistently better results than groups who did not receive training.

6. Conclusion

Generally, no clear differences were seen between WBTV and other forms of training such as bench models or standard training. However there are better assessment tool that can show the various benefit - SimpraxisTM Laparoscopic Cholecystectomy Trainer. Since each teaching technique have different function and task, it would be significant to study on how; combined piece of a surgical training method should have both technical and nontechnical skills acquisition

abilities also a better outcome, accessibilities. WBTV is cheap, accessible, but the educational value is unknown because there are few publications written about the effectiveness.

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