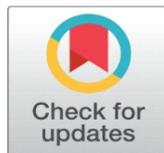


ACHIEVEMENTS OF MC MARY KOM AN OLYMPIAN OF MANIPUR: A CASE STUDY

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ABSTRACT

The study's title was "The Achievements of MC Mary Kom an Olympian of Manipur: A Case Study." A case study (or a case report) is an intensive analysis of an individual unit (e.g., a person, group, or event) stressing context-related developmental factors. The study's objective was to study the achievements of MC Mary Kom. The study leaves aside the lower level of achievements obtained by MC Mary Kom. It studies only National and International achievements obtained by MC Mary Kom. Data for this investigation was derived from primary and secondary sources. Primary sources include interviews, family members, and official and personal records. Secondary sources include newspapers, magazines, and media, which carry information about the achievements of MC Mary Kom in National and International.

Keywords: Achievements, Mc Mary Kom, Olympian, Manipur

1. INTRODUCTION

Manipur is a state in northeast India, with Imphal as its capital. It is bounded by the Indian states of Nagaland to the north, Mizoram to the south, and Assam to the west. Manipur, meaning the land of jewels, is a paradise on earth when Mother Nature has been extra generous in her beauty. And from its very inception, this princely state of Manipur has always been a shining outpost of the country in the sparse of the eastern Himalayas. It never lost its essential link with the mainstream of Indian culture.

Boxing is a combat sport and a martial art in which two people, usually wearing protective gloves and other protective equipment such as hand wraps and mouthguards, throw punches at each other for a predetermined amount of time in a boxing ring.

Although the term boxing is commonly attributed to Western boxing, in which only fists are involved, it has developed differently in different geographical areas and cultures. In global terms, "boxing" today is also a set of combat sports focused on striking, in which two opponents face each other in a fight using at least their fists and possibly involving other actions. Boxing techniques have been incorporated into many martial arts, military systems, and other

combat sports. Modern-day sport boxing involves two athletes punching each other with padded gloves, trying to knock their opponent down and out. These fighting usually last 3 to 12 rounds, each lasting 3 minutes.

Mangte Chungneijang Mary Kom was born in 24 November 1982. She is an Indian Olympic-style boxer, politician, and former Member of Parliament, Rajya Sabha. She is the only woman to win the World Amateur Boxing Championship six times, the only female boxer to have won a medal in each one of the first seven World Championships, and the only boxer to win eight World Championship medals. Nicknamed Magnificent Mary, she was the only Indian female boxer to have qualified for the 2012 Summer Olympics, where she competed in the flyweight (51 kg) category and won a bronze medal. She had also been ranked as the world's No. 1 female light flyweight by the International Boxing Association. She became the first Indian female boxer to win a gold medal in the Asian Games 2014 at Incheon, South Korea, and the first Indian female boxer to win gold at the 2018 Commonwealth Games. She is also the only boxer to become the Asian Amateur Boxing Champion for a record six times. Mary Kom won the 51kg gold in President's Cup in Indonesia.

On 25 April 2016, the President of India nominated Kom as a member of the Rajya Sabha, the upper house of the Indian parliament. In March 2017, the Ministry of Youth Affairs and Sports, Government of India, appointed Mary Kom and Akhil Kumar as national observers for boxing.

After her sixth world title in 2018, the Government of Manipur conferred on her "Meethoi Leima," loosely translated as a great or exceptional lady, in a felicitation ceremony held in Imphal on 11 December 2018. Mary Kom became the most successful boxer at the World Championships in 2019. At the function, the then Chief Minister of Manipur also declared that the stretch of road leading to the National Games village in Imphal West district, where Kom currently resides, would be named MC Mary Kom Road. She was awarded the Padma Vibhushan, India's second-highest civilian award, in 2020.

2. METHOD AND PROCEDURE

The purpose of the study is to study the achievements of MC Mary Kom an olympian of Manipur, Who was 6th -time world champion in the field of boxing. To achieve this aim, the statement of the problem is cited as ACHIEVEMENTS OF MC MARY KOM AN OLYMPIAN OF MANIPUR – A CASE STUDY. The study's main objective is to study the achievements of Mc Mary Kom. The study design was a biographical research of Mc Mary Kom, 6th-time world champion. The finding of this study is to provide information about the achievements from the beginning till now. The data were collected to determine the number of medals she has earned. The medals were divided into three groups: gold, silver, and bronze. The data were collected on different sheets for each achievement.

3. RESULTS AND FINDINGS

The study's main purpose was to study the achievements of MC Mary Kom an olympian of Manipur. The achievements of national and international tournaments were analyzed in Tables 1 and 2, and awards were analyzed in Table 3.

Table 1 National Achievements of MC Mary Kom in the field of boxing

Table 1

NATIONAL ACHIEVEMENT OF MC MARY KOM IN THE FIELD OF BOXING

Sl. No.	Name of Tournaments/ Championship	Achievement	Place	Date
1	7th East Open Boxing Championship	Gold Medal	Bengal	11-14 Dec 2000
2	1 st Women's National Boxing Championship	Gold Medal	Chennai	06-11 Feb 2001
3	2 nd Senior Women's National Boxing Championship	Gold Medal	New Delhi	26-30 Dec 2001
4	32 nd National Games	Gold Medal	Hyderabad	13-22 Dec 2002
5	National Women's Sports Meet	Gold Medal	New Delhi	26-30 Dec 2002
6	3 rd Senior Women's National Boxing Championship	Gold Medal	Aizawl	04-08 March 2003
7	4 th Senior Women's National Boxing Championship	Gold Medal	Assam	24-28 Feb 2004
8	5 th Senior Women's National Boxing Championship	Gold Medal	Kerala	26-30 Dec 2004
9	6 th Senior Women's National Boxing Championship	Gold Medal	Jamshedpur	29 November- 3 December 2005
10	9 th Senior Women's National Boxing Championship	Gold Medal	Agra	04-07 Nov 2008
11	57 th All India Police Meet	Gold Medal	Pune	06-10 April 2010
12	12 th Senior Women's National Boxing Championship	Gold Medal	Bhopal	11-16 Oct 2011

The table-1 was the national achievement of MC Mary Kom

Table 2

INTERNATIONAL ACHIEVEMENT OF MC MARY KOM IN THE FIELD OF BOXING

Sl. No.	Name of Tournament/ Championship	Achievement	Place	Date
1	1 st World Women's Boxing Championship	Silver Medal	Penny Sylvania, USA	21-27 Oct 2001
2	Witch Cup Boxing Championship	Gold Medal	Paes, Hungary	27-31 Aug 2002
3	2 nd World Women's Boxing Championship	Gold Medal	Antalya, Turkey	19-28 Oct 2002
4	Training – Cum – Competition	Gold Medal	Rome, Italy	02-13 Sep 2003
5	2 nd Asian Women's Boxing Championship	Gold Medal	Hissar, India	19-22 Nov 2003
6	1 st World Women's Boxing Tournament	Gold Medal	Tonsberg, Norway	27/4-02/5 2004
7	3 rd Asian Women's Boxing Championship	Gold Medal	Taiwan	05-12 Aug 2005
8	3 rd World Women's Boxing Championship	Gold Medal	Podolsk, Russia	26/9 – 02/10 2005
9	Asian Caded Boxing Championship	Gold Medal	Hanoi, Vietnam	10-18 June 2006
10	Vijle Women's Boxing Tournament	Gold Medal	Denmark	18-23 Oct 2006
11	4 th World Women's Boxing Championship	Gold Medal	New Delhi, India	17 – 24 Nov 2006
12	4 th Asian Women's Boxing Championship	Silver Medal	Guwahati, India	23-27 Sep 2008
13	5 th World Women's Boxing Championship	Gold Medal	Ningbo, China	22-29 Nov 2008
14	Indo–Sweden Dual Match Boxing Tournament	Gold Medal	Gothenburg, Sweden	21 March 2009
15	Indoor Asian Games	Gold Medal	Hanoi, Vietnam	30/10-7/11 2009
16	5 th Asian Women's Boxing Championship	Gold Medal	Astana, Kazakhstan	23-30 May 2010
17	6 th AIBA Women's World Boxing Championship	Gold Medal	Barbados	7-18 Sep 2010
18	16 th Asian Games	Bronze Medal	Guangzhou, China	12-28 Dec 2010
19	Asia Cup	Gold Medal	Haikou, China	5-9 May 2011
20	6 th Asian Women's Boxing Championship	Gold Medal	Mongolia	16-26 March 2012
21	London Olympics	Bronze Medal	London	27/7-12/8 2012
22	17 th Asian Games	Gold Medal	Incheon, South Korea	19/9 – 04/10 2014
23	XII South Asian Games	Gold Medal	Guwahati/ Shillong India	5 – 16 Feb 2016
24	Asia Oceania Boxing Championship	Bronze Medal	Qian'an, China	25/3 – 02/4 2016
25	7 th Asian Women's Boxing Championship	Gold Medal	Vietnam	2-8 Nov 2017
26	69 th Strandja Memorial Boxing Tournament	Gold Medal	Bulgaria	18-26 Feb 2018
27	Commonwealth Games	Gold Medal	Gold Coast, Australia	5 – 15 April 2018
28	XIII International Silesian Women's Boxing Tournament	Gold Medal	Poland	9-15 Sep 2018
29	10 th World Women's Boxing Championship	Gold Medal	Delhi	14-24 Nov 2018
30	23 rd President's Cup	Gold Medal	Labuan Bajo, Indonesia	20-29 July 2019

Table 2 shows the international achievements of MC Mary Kom.

Table 3

AWARDS OF MC MARY KOM

Sl. No.	Award names	Dates/sponsor
1	Arjuna Award For the Year – 2003	21 September 2004
2	Padma Shri Award for the year – 2005	20 March 2006
3	NETV People's Choice Awards – 2006	NETV
4	People of the Year – 2007	(Limca Book Of Records) India At Her Best.
5	Indian Real Heroes Award – 2007	CNN-IBN, Reliance Industries Limited, Mumbai)
6	Pepsi MTV Youthicon – 2008	Pepsi MTV
7	Param Poojaniya Shri Guruji Purushkar – 2009	RSS Jankalyan, Maharashtra Prant
8	Rajiv Gandhi Khel Ratna Award-2009	29 August, 2009 At Rastrapati Bhawan, New Delhi
9	North East Excellence Award – 2009	8 th -9 January 2010, Calcutta
10	Sports Women of the Year – 2008-2009	Sahara India Pariwar
11	YFLO Women Achiever – 2009-2010	FCCI Ladies Organization
12	Sportsperson of the Year, North East – 2010	Assam Sports Journalist Association
13	Sports Women of the Year – 2010-2011	Sahara India Pariwar
14	Spirit Of Sports Award – 2012	NDTV India, 5 March 2012
15	Tribal Achiever Award – 2012	Ministry of Tribal Affairs, GOI
16	Karmavir Purushkar Award – 2012	ICONGO, New Delhi, 26 November 2012
17	Padma Bhushan – 2013	Government Of India
18	AIBA's Legends Award - 2016	AIBA, Switzerland

4. DISCUSSION AND FINDING

An analysis of Table – 1 revealed that MC Mary Kom has participated in many tournaments and has achieved 12 medals (since 2018) at the national level.

An analysis of Table – 2 revealed that MC Mary Kom has participated in many tournaments and has achieved 30 medals (since 2018) at international levels; out of the 30 medals, there are 25 gold medals, two silver medals, and three bronze medals.

An analysis of Tables 1 & 2 revealed that MC Mary Kom has participated in many tournaments and achieved 42 medals (since 2018) at national and international levels.

An analysis of Table 3 revealed that MC MARY KOM received 18 awards.

This chapter summarizes the whole case study analyzing the lifetime achievement of MC Mary Kom from 2000 to 2019. As the table of contents and illustrations are shown in rows, the achievements with respective dates, years, and places were the tournaments or championships at national and international levels.

With the critical study regarding the achievements of MC Mary Kom at the national and international levels, she has been awarded numerous gold medals, silver medals, and bronze medals.

5. NATIONAL LEVEL 2001-2019

All Medals are Gold

1) Senior Women's National Boxing Championship

- New Delhi – 26-30 December 2001.
- Aizawl – 04-08 March 2002
- Assam – 24-28 February 2003
- Kerela – 26-30 December 2004
- Jamshedpur – 29 November-03 December 2005
- Agra – 02-07 November 2008
- Bhopal – 11-16 October 2011

2) 7th East Open Boxing Championship- Bengal- 11-14 December 2000

3) 1st Women National Boxing Championship – Chennai - 06-11 February 2001

4) 32nd National Games – Hyderabad -13-22 December 2002

5) National Women Sports Meet -New Delhi -26-30 December 2002

6) 57th All India Police Meet – Pune – 06-10 April 2010.

6. INTERNATIONAL LEVEL 2000-2019

1) World Women Boxing Championship

- 1st Penny Sylvania, USA – 21-27 October 2001 (Silver Medal)
- 2nd Antalya, Turkey – 19-28 October 2002 (Gold Medal)
- 3rd Podolsk, Russi – 26/9- 02/10 2005 (Gold Medal)
- 4th New Delhi, India – 23-27 September 2008 (Gold Medal)
- 5th Ningbo, China – 22-29 November 2008 (Gold Medal)
- 10th New Delhi, India – 14-24 November 2018 (Gold Medal)

2) Asian Women Boxing Championship

- 2nd Hissar, India – 19-22 November 2003 (Gold Medal)
- 3rd Taiwan – 05-12 August 2005 (Gold Medal)

- 4th Guwahati, India – 23-27 September 2008 (Silver Medal)
 - 5th Astana, Kazakhstan – 23-30 May 2010 (Gold Medal)
 - 6th Mongolia – 16-26 March 2012 (Gold Medal)
 - Vietnam – 02-08 November 2017 (Gold Medal)
- 3) Witch Cup Boxing Championship – Paes, Hungary – 27-31 August 2002 (Gold Medal)
 - 4) Training – cum- competition – Rome, Italy -02-13 August 2003 (Gold Medal)
 - 5) Asian Ceded Boxing Championship – Hanoi, Vietnam – 10-18 June 2006 (Gold Medal)
 - 6) Vijle Women Boxing Tournament – Denmark – 18-23 October 2006 (Gold Medal)
 - 7) Indo-Sweden Dual Match Boxing Tournament – Gothenburg, Sweden -21 March 2009 (Gold Medal).
 - 8) Indoor Asian Games – Hanoi, Vietnam – 30/10-07/11 2009 (Gold Medal)
 - 9) 6th AIBA Women World Boxing Championship – Barbados—07 -18 September 2010 (Gold Medal).
 - 10) 16th Asian Games – Guangzhou, China – 12-28 December 2010 (Bronze Medal)
 - 11) 17th Asian Games- Incheon, South Korea – 19/09-04/10 2014 (Gold Medal)
 - 12) Asian Cup- Haikou, China –05 -09 May 2011 (Gold Medal)
 - 13) London Olympic – London – 27/7-12/08 2012 (Bronze Medal)
 - 14) XII South Asian Games - Guwahati/ Shillong, India –05-16 February 2016(Gold Medal).
 - 15) Asia Oceania Boxing Championship – Qian’ an, China – 25/03-02/04 2016 (Bronze Medal).
 - 16) 69th Strandja Memorial Boxing Tournament – Bulgaria – 18-26 February 2018 (Gold Medal)
 - 17) Commonwealth Games—Gold Coast, Australia—05-15 April 2018 (Gold Medal).
 - 18) XIII International Silesian Women’s Boxing Championship – Poland -09- 15 September 2018 (Gold Medal).
 - 19) 1st World Women Boxing Tournament – Tonsberg, Norway – 27/4-02/5 2004 (Gold Medal).
 - 23th President’s Cup—Lubuan Bajo, Indonesia – 20-29 July 2019 (Gold Medal).

7. CONCLUSION

On the basis of the findings, the following conclusion can be made.

Though MC Mary Kom was born in Manipur, she has achieved many national& international medals, which bring pride to the world and the country. She is a very renowned sportsman of Manipur and for the nation. MC Mary Kom shows the power of women to the whole world by achieving six times world championships. From MC Mary Kom, we learned that hard work, dedication, and courage are important for a sportsman.

8. RECOMMENDATIONS

With the help of results derived from the present study, the following recommendations can be made.

- 1) The data of this study helps prepare individual achievement(helping) in different areas of sports.
- 2) The same study can be prepared with other games and sports.
- 3) The study results can help the coach, trainer, awardees, and selection committee.
- 4) A similar study can be done for other national and international players.
- 5) A similar investigation may be done for the analysis of individuals.
- 6) The data of this study can be very useful for the upcoming player to have courage.

CONFLICT OF INTERESTS

None.

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None.

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