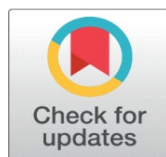
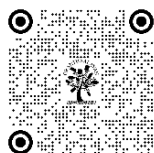


UNDERSTANDING THEORY OF DETACHMENT AND MYSTICISM IN CONTEXT OF BHAGAVAD GITA

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ABSTRACT

Mysticism had been used as a term in 3rd century specially in christian community for Biblical aspects. The term usually means at that time 'spiritual marriage' between supreme soul and human being. God was one and omnipresence in ancient times, at that time humans can easily get one with God by simply performing prayers and chanting, no specific mystic performance or experiences have been given much attention. In ancient times lower casts and women were not allowed to perform mystical activities, they hardly given permission to listen those chanting. Today time has changed every entity has been given equal rights to perform religious activities according to their own choices. Religion is playing a vital role in social and communal relations.

In today's life mysticism mainly focuses on the belief, that leads union with the absolute or becoming one with god, which is the central idea of Bhagavad Gita also. Gita has been considered as highly religious scripture in present scenario, which is likely to be written in 1st and 2nd Century, as an episode in Indian Sanskrit epic Mahabharata, in form of a conversation between Arjuna (living entity) and Lord Krishna (supreme soul). Bhagavad Gita explains the concept that every living entity is a part and parcel of supreme soul, who is Lord Krishna himself. There is a hidden meaning in life and each life should be unite with God. It is related to intuitive understanding of human existence and revealing the truths of life, which tries to solve the problems of present day life. This book have the power to bring light in the darkest ignorance.

This paper is an attempt to contextualize the role of mystic experiences in human transformation, socially and individually. My focus will be to point out the changes, in religious activities and performances from time to time and reasons behind those changes. And also to find out the role of mysticism and spirituality in solving day to day life problems.

Keywords: Mysticism, Human Existence, Religion, Transformation

1. INTRODUCTION

Bharat also known as 'Dev-Bhumi' means a place where the presence of 'Supreme Brahman' (God) can be felt easily by following some mystic experiences. A land which is known for its purity and richness of its culture, containing the glimpse of God's presence in its literature and history in many forms. India is a country of diversity, where one can easily find different - different communities performing or following their own rituals and rules to make their social and individual life at its best. Social norms, education, law, government and religion plays a vital role in forming a society.

Mainly in India religion can be taken as a leading factor of individuals life. Religion has been divided into four main streams Hindu, Muslim, Sikh and Christian following their own religious activities. It can openly be seen that people following

one religion from years change their faith from one religion to another. Hindu converting as a Muslim, Muslim converting as a Buddhist, but the core idea behind these activities performed by these communities is to be one with the supreme power. To get the shower of love of God or the absolute so that they can free themselves from the death-birth cycle.

Religion can be experienced as a highly mysterious stream. Where we can see people sacrificing almost everything for the sake of religious excellence and at the same time people killing or torturing people of different religion. Performing ridiculous activities in order to please the almighty. If we go back to know about past generations religious system, we can notice huge changes in present day behaviours regarding religion and mysticism.

But the question remains the same in all ages, does one can really get the supreme soul merely by performing these rituals, without understanding the core of religion and mysticism?

2. GITA AS THE HIGHEST MYSTERIOUS TEXT

Gita has been considered as the most powerful religious text of Hindu community. It conveys the core idea of all the Vedas and Upanishads, those are the holy scriptures with deep philosophy of life in Indian literature. Gita is a conversation between Brahman (human) and Supreme Brahman (god), an effort of God to make humans realize that all the living entities are part of God or supreme soul, all the humans and non humans are his branches.

“This Gitopanisad, Bhagavad-Gita, the essence of all Upanishads, is just like a cow, and Lord Krishna who is famous as a cowherd boy, is milking this cow. Arjuna is just like a calf, and learned scholars and pure devotees are to drink the nectarine milk of Bhagavad Gita” (Gita mahatmya 6).

One must think that if the idea already has been described in Vedas and Upanishads then why Krishna need to give a speech like this to Arjuna. The answer is, Gita was firstly spoken to the sun God and sun God explained it to Manu, from Manu to Iksavashu. With this process the concept is transferred from one generation to another. Every time when the idea forwarded to next generation it has its own flaws and falls. Till the time of Arjuna, essence of the idea was almost vanished. Then Krishna have to come on the earth to teach this directly to Arjuna for the sake of humanity. To remove all the illusions and obstacles which stops human from becoming one with the original one. That's why Gita has been said as the essence of Vedic knowledge. Gita mainly focuses on five topics:

What is God?

What are the living entities?

What is Prakriti (nature)?

What the Cosmic manifestation is?

What the activities of living entities are?

We need to think that is there anything on the earth outside these five aspects if not then what is the leading factor of all these aspects? Surly God or the Absolute. So on the bases of these points Gita can be considered as mystery. A mysterious and highly philosophical text dealing with almost all the issues of life. We only need to understand the mystery behind these ideas. Gita tells us that both material and spiritual worlds are interrelated with each other if we think that both the ideas are opposite to each other, then we are wrong. And the example of this is Krishna himself, when we call him 'Krishna' who is pure, austere, and free from all the

sensual pleasures and emotions. On the other hand 'Mohini' another name and form of Krishna who is full of all the worldly lusts. So Krishna is the controller of every thing, even he is holding hand of existence or non existence of living and material entities.

Main purpose of Gita is to aware mankind about the magical traps of material world. Materialistic existence has captured human mind to such extent that it has diverted human from its original path. It is so powerful that, it even does not let people think about their spiritual existence. They are not trying to understand that these things are only to make their lives easy on the earth not to store all the thing for making their next life useful. We need to look at the process of life, one comes empty handed on the earth and dies empty handed too. All the achievements which he gained in this life, has nothing to do in his next journey, one has to start from the beginning. Than why he is so restless about the material world?

Why, we are not trying to understand the essence of life that is to be free from this death and birth cycle. It has been stated in Vedas that after completing 36 crore lives, only then a soul gets human body. The main purpose of that human body is to get salvation from this death- birth cycle, but after coming in this material world we are captured by its magic and starts collecting it forgetting the fact that why we have get this body. And have to go through so many sufferings and pain because of our action. Life, death, suffering and emotions these are the four aspects which are the result of our action. Whatever we do we have to face the result of that. Every minute action have its own reaction, whether it is for the sake of humanity or against humans. Still not trying to understand the reason behind these sufferings, we start blaming God and our luck. And in this ignorance we start performing so many mystical experience without trying to understanding the real meaning and process of these activities blindly following the instructions of given by so called Brahmins of present time.

Bhagavad Gita can not be understood merely by its reading or listening. For that purpose we have to completely surrender our-self. Only than we can swim in the philosophical and spiritual ocean of knowledge. In present life every human is full of anxieties by one or another reasons because of material existence. Gita has that power which clearly can differentiate these both worlds which are the two sides of the same coin. We only need to understand the mystery behind these concepts. According to Gita Krishna is the controller of everything even materialist and spiritual.

3. REPRESENTATION OF MATERIAL AND SPIRITUAL WORLD THROUGH ITS LEADING CHARACTERS

We can understand this concept in reference of Kaurav and Pandavs. Character of Duryodhna is the epitome of worldly lust and on the other hand Arjuna is a symbol of pure soul who has completely given himself to lord. Both born in the same family, being loved and taken cared by same elders. Getting educated by same teachers, from childhood to adulthood. Both relatives of Lord Krishna, still both were of opposite nature and behaviour qualities because of the powers that were capturing their minds and emotions. Duryodhna was under the influence of Sakuni, who was his maternal uncle full of jealousy and envious feelings for other humans and specially for Pandavs.

Pandavs under the influence of supreme soul Krishna, instead of facing all the sufferings due to injustice of Dharitras, never loose their spiritual sense. They have to leave their kingdom Inderparasth, which was a desert but they made it a

heavenly palace with their hard work. But Duryodhna with the help of his uncle Sakuni cheated upon them. And they have to go to forest for fourteen years and have to spent one year as servants in disguise. Still they did not lose their faith in God because they were aware of the fact that he is always with them. Lightening their path, always comes as a helping hand whenever they call him with full compassion and love.

It was not Duryodhna who trying to kill them, but it was material possessiveness who has captured hid mind to such extent that he was ready to kill his own cousins. Not only to kill them but also put at the stake life of his teachers, grand fathers, his own siblings. Material existence has controlled him such extent that even being a relative of Krishna he was not able to recognize God. Who himself tries so many times to remove the curtains of darkness and to make him a pure soul who is free from all the captive power of world. But as we knew with the help of bad company, arrogance and lust for worldly things, which he has snatched from his younger cousins he had to die. His love for material things and greed for thrown lead him to death and ruin his kingdom. Every time when you read this book, it will come with new questions and answers also. It seems a highly mysterious book to me because one easily can find a blend of material and philosophical thoughts in this book.

In ancient times India was named as Aryavart means a land of Aryans. The word Aryans means or related to that person who very well aware of life's value and believe in a civilization which is purely based on spiritual and philosophical values. If we peep into that time we will not be able to find religious divisions, as we can see in today's India. In ancient times when all Indians were Aryans, divisions were made on the bases of people's work. And the reason behind that division was not suppression or degradation of humans from lower to upper class. It was purely based on social, economic and communal management of society. To make lives easy and happy and religion was a path for attaining salvation. These religious customs and performances do not exists at that time. There were no cases of discrimination on the name of Dharma/ religion. But present day humans have lost their mind on the name of religion. We have live examples of Ram Mandir and Babri Maszid in Ayodhya. Degradation in moral and ethical values can be noticed. I am never able to understand the fact to whom these modern religious person wants to make happy and what they would be able to achieve by performing these humiliating activities on the name of God. We need to ask reason based questions to those persons who tells us that by performing these ridiculous activities we can attain salvation.

Now a days religion is becoming highly invested business. In past times it was a matter of faith but now, it is a matter of fear. At that time Brahman were those people who have complete knowledge of Vedas and scriptures. Whose duty was to educate upcoming generations about religion, social and moral values. Brahman was not a cast at that time, it's a kind of degree which was given to a man by society after many years study in a particular field. Whose main aim was to bring human and supreme human nearer by performing religious activities, as described in Vedas. But now it has become a cast anybody who is born in these communities will come under this term. With the misconception in the society that they are close to god then the other casts.

In our time we can see so many people with religious attire pretending to be the devotee of God. Trying to convince people to perform mystical performances in order to save them from the curse of God which comes in the form of pain and suffering. Instead of focusing on the point, whatever we are facing right now is a

reaction of our Karma which Gita tries to make us understand. starts blaming God and planetary system, in a process to bring all these situations in order they start following these so called religious people without using their own conscious. Those religious people who are trying to gain name and fame with violence on the name of God, are beasts in form of human. Gita aware us not to follow these types of people otherwise they would ruin your life.

4. WE CAN SEE THREE TYPES OF RELIGIOUS PERSONS IN OUR TIME

First one who verbally talks about this mystical experience only for the sake of his image but have nothing to do.

Second one who shows that he is a devotee of God outwardly, but inwardly he is full of material pleasure. He wants to enjoy all the worldly pleasure. These persons, who are led by the material pleasure of life will never be able to find the meaning of human existence on the earth. And have to face this cycle of life again and again till the time when he does not get himself free from these material chains. They even do not have the idea about the nature and prosperity of religion. We can call them religious businessman of modern world whose work is to sell God for the sake of money and other luxurious items.

Thirdly those who are so few in numbers but they have eternal feeling of supreme entity. Who have realized and experienced it very well that there is no difference between human soul and supreme soul. Who have tasted the religious notion, that it is the body (which has been considered as a vehicle to complete the voyage of life) that reacts on the outcome actions and reactions. It is only body that performs under spiritual and material. Soul remains the same, always aware for its goal (to become one with the absolute). Main purpose of soul According to Gita is to mingle with Krishna, the one and only one way is complete surrender to the almighty.

5. CONCLUSION

Importance of Gita has increased in modern times, it not only deals with spiritual and moral issues of life, but also provides solutions for day to day life problems. Helps us to understand the core idea of human existence on the earth. Also helpful in showing man's relation with God and humans. Core idea of religion and advises to be aware about fake and corrupt religious peoples, who on the name of God tries to divide humans and becomes the reason of humiliating violence. True religion is a union of God and soul and body is only medium for this. There is only one process to get his love and attention, to love his creatures and love him without any expectations. The root of religious life is faith and the branches of this root are love, charity to living beings' purity of heart and humility:

"Who shall provide a law to those that love?

Love's a more powerful law which doth them move". (life of God in the soul of man 4)

To conclude there is nothing in this mysterious world that can make humans free from sufferings, pain and hatred, and make human life pleasant or himself eminent on this planet. There is only one natural principal, followed by wit and reason, may lead him to it:

"There is a spirit in man; and the inspiration of the almighty giveth this understanding".
(Henry Scougal 8)

The exercise of religion is to make man free from all the illusions of material world and to make him understood his own self. To make him realize that he himself is a part of supreme soul. Just like a tree cannot grow without its roots, a soul cannot survive without its father. Who is always in worry about his children. All the worldly things have been provided to human to make his path to God easy, we need to understand the traps of maya and have to save ourselves from it so that we can be at our right place. All the religion are a way to get God, all the humans are his child, he is not the originator of those religious activities which we are following today. Humans have created all this non sense to full fill his selfish desires. God wants love and to be loved, man is responsible for all the non human activities. Man has created these words 'WE'. 'US', and 'THEY'. he is responsible for creating walls on the name of religion. And has made it a mystery. Even Being noble and highly educated we are not able to understand these simple notions. Gita is a slogan of love for God and all the other creatures.

CONFLICT OF INTERESTS

None.

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